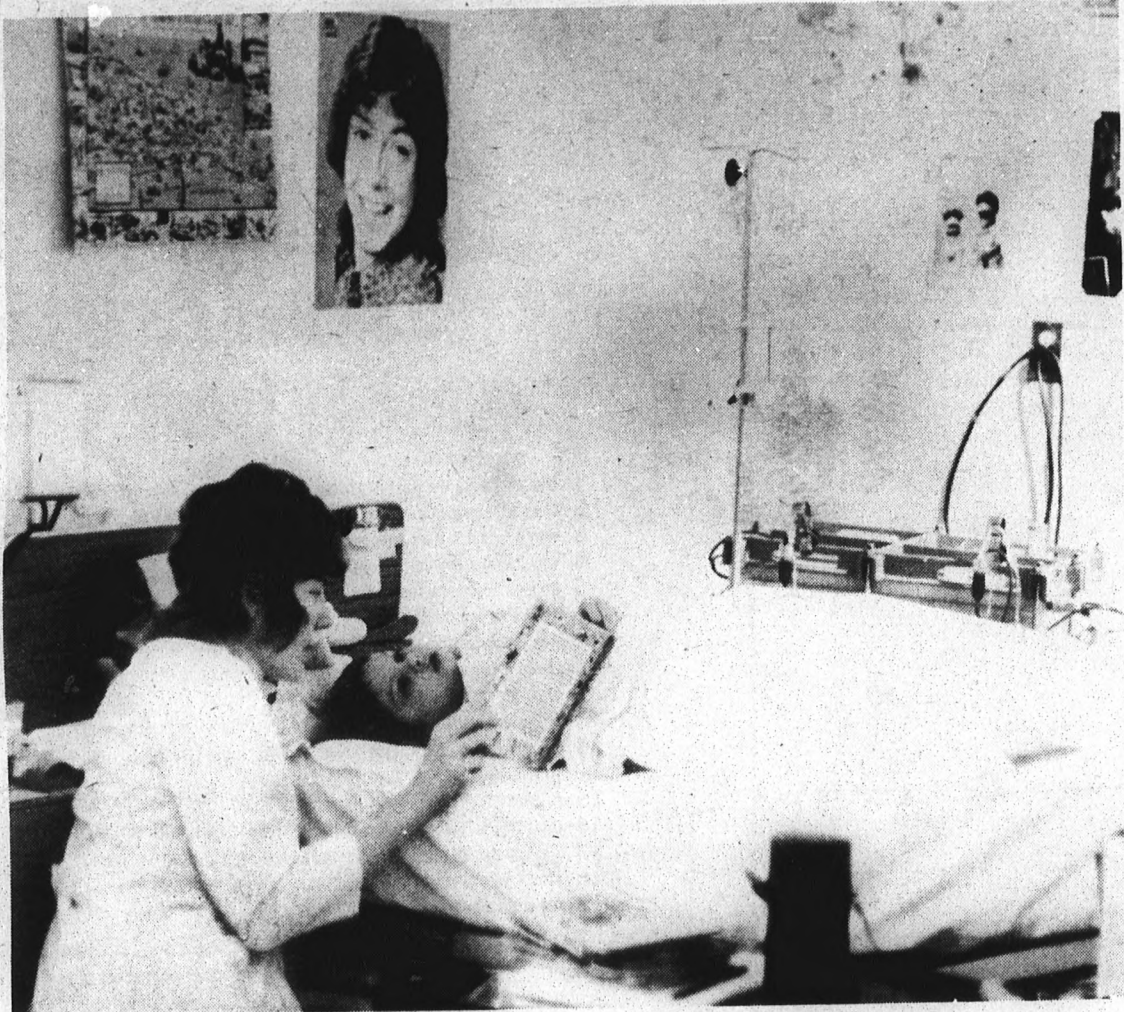


# synapse

University of California  
San Francisco  
Volume 16, No. 12  
December 30, 1971

## Christmas Eve at the SFGH Kidney Center

by L. Pickart



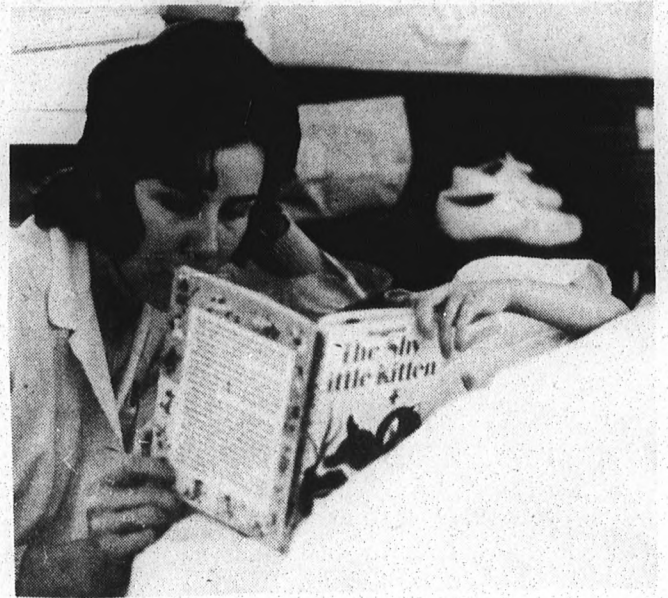
Kimberly and Nurse Rosemary Anderson talk during the four hour dialysis procedure.

Both Aaron Fernandes, age 18 months, of Morgan Hill, California and Kimberly Budreau, age 6 years, of Millbrae, California are without kidneys and awaiting transplants. Three times per week they must be taken to the Kidney Center at San Francisco General Hospital for a 4 hour dialysis of their blood to remove toxic metabolites normally filtered out by the kidneys. Obtaining an immunologically compatible donor kidney for a transplant usually requires a waiting period of nine months.

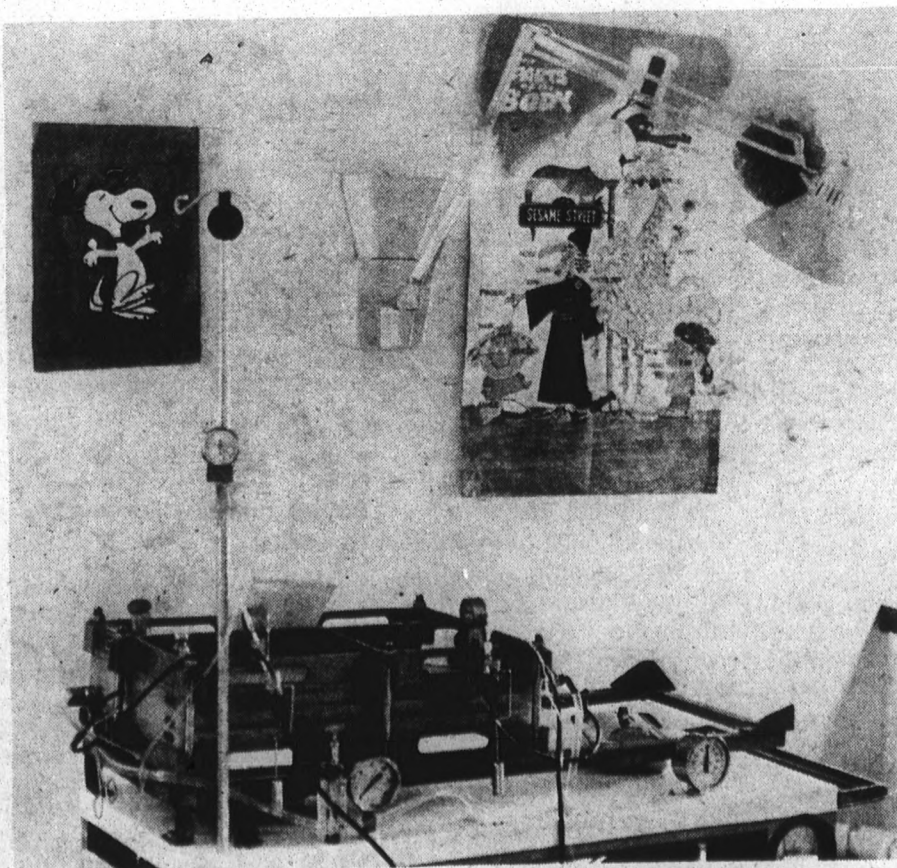
In addition to the dialysis programs, the Kidney Center carries a highly active research programs aimed at improving methods of maintaining the kidneyless patients. The thrice weekly dialysis procedure of four hours per session for children and eight to ten hours for adults is often accompanied by discomfort, cramps, and nausea. Many patients have severe psychological problems while dependent on the machines. Among male patients there is a high suicide rate due in part to the loss of physical independence and the inability to hold normal jobs. After several months finding veins and arteries to insert needles into becomes difficult.

Plastic tubing inserts into veins and arteries can often be used on a semi-permanent basis, but then the patient cannot take a shower or go swimming. The diet must be restricted to one of low sodium and low protein. Fluid intake for an adult is limited to about 600 milliliters or roughly one pint per day. Solutions to these difficulties are currently being sought at the SFGH Kidney Center.

The Synapse would like to thank Drs. Malcolm Holliday and Donald Potter for their aid in obtaining the pictures for this story.



Back to reading "The Shy Little Kitten".



Close up of the hookup to the dialysis unit. The dark tubes contain blood.



Kimberly's more interested in the camera now.

continued/page 4



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		London to Oakland/LA	Ret. Jan. 2, 1972	
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Current Europe Charter Schedule - 1972

#90812	(Round trip)	LA/Oakland to London	Lv. Jan. 23, 1972 (Britannia)	\$249
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#90910	(Round trip)	LA/Oakland to London	Lv. Feb. 6, 1972 (Britannia)	\$249
		London to Oakland/LA	Ret. Feb. 27, 1972	
#91114	(Round trip)	LA/Oakland to London	Lv. Mar. 12, 1972 (Britannia)	\$249
		London to Oakland/LA	Ret. Apr. 16, 1972	
#91221	(Round trip)	LA/Oakland to London	Lv. Mar. 28, 1972 (Britannia)	\$275
		London to Oakland/LA	Ret. Aug. 2, 1972	
#91318	(Round trip)	LA/Oakland to London	Lv. Apr. 9, 1972 (Britannia)	\$249
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#91415	(Round trip)	LA/Oakland to London	Lv. Apr. 16, 1972 (Britannia)	\$249
		London to Oakland/LA	Ret. May 14, 1972	
#91517	(Round trip)	LA/Oakland to London	Lv. May 14, 1972 (Britannia)	\$249
		London to Oakland/LA	Ret. June 10, 1972	
#91719	(Round trip)	LA/Oakland to London	Lv. June 10, 1972 (Britannia)	\$279
		London to Oakland/LA	Ret. June 25, 1972	
#402	(Round trip)	Los Angeles to London	Lv. June 13, 1972 (Saturn A.L.)	\$299
		Amsterdam to Los Angeles	Ret. Sept. 3, 1972	
#615	(Round trip)	Oakland to Amsterdam	Lv. June 15, 1972 (T.I.A.)	\$289
		Amsterdam to Oakland	Ret. Sept. 16, 1972	
#91820	(Round trip)	LA/Oakland to London	Lv. June 17, 1972 (Britannia)	\$279
		London to Oakland/LA	Ret. July 15, 1972	
#403	(Round trip)	Oakland to London	Lv. June 17, 1972 (Saturn A.L.)	\$289
		Amsterdam to Oakland	Ret. Aug. 24, 1972	
#404	(Round trip)	Los Angeles to London	Lv. June 18, 1972 (Saturn A.L.)	\$289
		Amsterdam to Los Angeles	Ret. Aug. 27, 1972	
#619	(Round trip)	Oakland to Amsterdam	Lv. June 19, 1972 (T.I.A.)	\$289
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#755	(Round trip)	Los Angeles to London	Lv. June 20, 1972 (T.I.A.)	\$289
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#621	(Round trip)	Oakland to London	Lv. June 21, 1972 (T.I.A.)	\$289
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#405	(Round trip)	Oakland to London	Lv. June 24, 1972 (Saturn A.L.)	\$289
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#624	(Round trip)	Oakland to Amsterdam	Lv. June 24, 1972 (T.I.A.)	\$289
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#91927	(Round trip)	LA/Oakland to London	Lv. June 25, 1972 (Britannia)	\$279
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#627	(Round trip)	Oakland to London	Lv. June 27, 1972 (T.I.A.)	\$289
		Amsterdam to Oakland	Ret. Sept. 4, 1972	
#406	(Round trip)	Los Angeles to Amsterdam	Lv. July 8, 1972 (Saturn A.L.)	\$289
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		London to Oakland/LA	Ret. Sept. 23, 1972	
#92428	(Round trip)	LA/Oakland to London	Lv. Sept. 2, 1972 (Britannia)	\$275
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#92	(Round trip)	Oakland to Amsterdam	Lv. Sept. 2, 1972 (T.I.A.)	\$259
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		Chicago (O'Hare) to S. F.	Ret. Apr. 2, 1972	
#W50	(8 days)	S. F. to Washington (Dulles)	Lv. Mar. 26, 1972 (United)	\$152
		Washington (Dulles) to S. F.	Ret. Apr. 2, 1972	
#N2	(8 days)	Los Angeles to New York (JFK)	Lv. Mar. 26, 1972 (American)	\$159
		New York (JFK) to Los Angeles	Ret. Apr. 2, 1972	
#C184	(8 days)	L.A. to Chicago (O'Hare)	Lv. Mar. 26, 1972 (American)	\$122
		Chicago (O'Hare) to L.A.	Ret. Apr. 2, 1972	
#W76	(8 days)	L.A. to Washington (Dulles)	Lv. Mar. 26, 1972 (American)	\$152
		Washington (Dulles) to L.A.	Ret. Apr. 2, 1972	

Round Trip to Hawaii (Spring Break) 1972

#H2	(9 days)	S. F. to Hawaii (Honolulu)	Lv. Mar. 25, 1972 (Pan Am)	\$150
		Hawaii (Honolulu) to S. F.	Ret. Apr. 2, 1972	

One Way to East Coast (Summer Break) 1972

#N16J	(1 way)	San Francisco to N.Y. (JFK)	Lv. June 18, 1972 (American)	\$79.50
#C220J	(1 way)	S. F. to Chicago (O'Hare)	Lv. June 18, 1972 (American)	\$66.00
#W50J	(1 way)	S. F. to Washington (Dulles)	Lv. June 18, 1972 (United)	\$76.00
#N2J	(1 way)	Los Angeles to N.Y. (JFK)	Lv. June 18, 1972 (American)	\$79.50
#C184J	(1 way)	L. A. to Chicago (O'Hare)	Lv. June 18, 1972 (American)	\$66.00
#W76J	(1 way)	L. A. to Washington (Dulles)	Lv. June 18, 1972 (American)	\$76.00

East Coast to West Coast (Return for Fall Quarter) 1972

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#C47S	(1 way)	Chicago (O'Hare) to S. F.	Ret. Sept. 26, 1972 (American)	\$66.00
#W57S	(1 way)	Washington (Dulles) to S. F.	Ret. Sept. 26, 1972 (United)	\$76.00
#N5S	(1 way)	New York (JFK) to Los Angeles	Ret. Sept. 26, 1972 (American)	\$79.50
#C185S	(1 way)	Chicago (O'Hare) to Los Angeles	Ret. Sept. 26, 1972 (American)	\$66.00
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LETTERS

Dear Editor:

Seasons Greetings! Merry Christmas and a Happy New Year!

I would like to remind you that the year 1971 will end with:

1. U. S. American women and girls still suffering and dying of iatrogenic maternal-fetal malnutrition all over the nation.

2. Even more U. S. American fetuses and newborn infants suffering and dying from iatrogenic maternal-fetal malnutrition, suffering entirely preventable CNS damage and impairment.

3. NO NATIONAL NUTRITION STANDARDS FOR EDUCATION & PRACTICES IN HUMAN PRENATAL CARE.

4. The private drug industry making profits by exploiting "edema in pregnancy" and "toxemia of pregnancy."

5. A total continued denial on the part of the American College of Obstetricians & Gynecologists of the existence of human hunger and malnutrition in the U.S.A.--a continued total denial of the role of malnutrition in human reproductive pathology.

6. A continuing repression of the scientific facts in this field by the American Medical Association, the National Academy of Science-National Research Council-Food & Nutrition Board (a private corporation), the U.S. Food and Drug Administration, the American Public Health Association, the U.S. Public Health Service, and the U.S. Congress.

7. The continued call for "more studies...more hard data" while our poor suffer increasingly from hunger as economic depression deepens, especially in the Deep South.

The Nutrition Action Group (NAG) was formed in the summer of 1970 with the primary goal of bringing applied, scientific nutrition into human prenatal care. Since May, 1971 we have distributed nutrition information at five medical meetings in the San Francisco Bay Area. We have established teaching teams to present scientific nutrition information to community groups.

Since November 1, 1971, members of NAG have been actively teaching scientific nutrition in the prenatal clinics of the San Francisco

Synapse regrets the omission of the address, phone number and Federal regulations from the last two printings of the Cal Jet ad.

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Tom Brewer, M.D.

For more information and scientific bibliography on human pregnancy nutrition and malnutrition:

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94110



# Stop and Shop Outside Millberry Union

by D. Kelly Weisoerg



Enough of this milk! Ana decides to explore.

On any given Friday, San Francisco artisans bring their wares to U.C.S.F. and transform Millberry Union courtyard into an *al fresco* shopping center. The local artisans manufacture the handicrafts themselves-devoting days, sometimes weeks, to the creation of a single item. "When we first started," stated Debbie, who makes leather goods, "it took four people one week to make six purses!" Debbie lives in a commune with three other individuals who co-operate in the manufacture of leather goods.

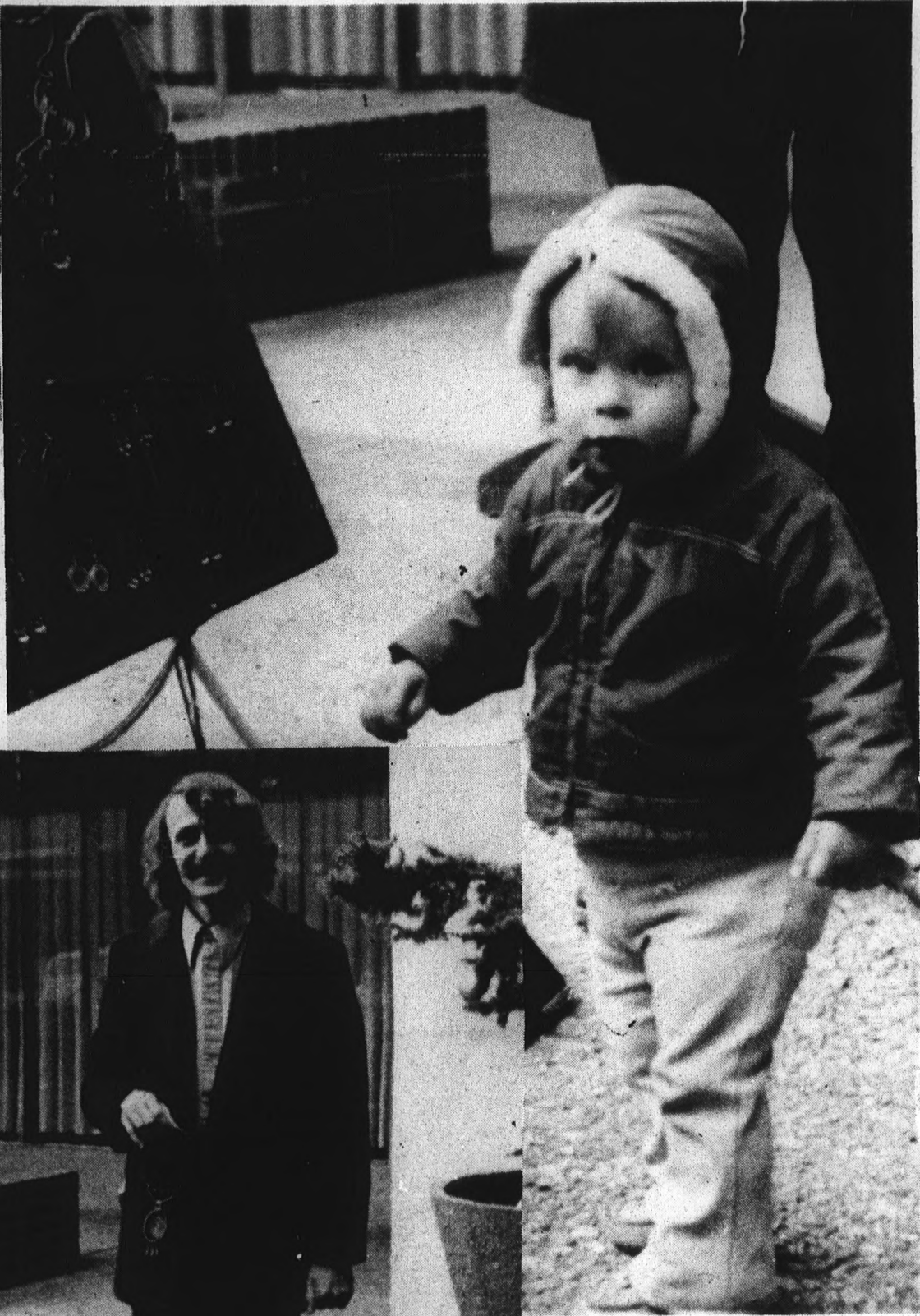
Perhaps the most unusual item for sale, and one which requires much time and handwork, is the Kalimba or thumb piano. The Kalimba is an African instrument made of gourds, wood (mahogany or oak) and vermillion. Peter, the craftsman, has been making Kalimbas for over a year. He plans to sell his stock and go to the West Indies where he will learn to make steel drums.

For Peter and Debbie and her co-workers, as for most San Francisco street artists, the sale of these handicrafts constitutes the artist's sole source of income. Hence, the artisans devote most of their time to their handwork.

However, one artisan, Bill, is the exception-he dedicates the main part of his time to being a law student. Only as a hobby does he make tile tables with a friend, Jim. Bill remarked upon the legal problems involved for street artists in selling their goods. He explained that the act which protected the artists from selling without a license was recently dissolved. Thus, the craftsmen are now subject to police harassment due to lack of a peddler's license-such a license being nearly impossible to secure. (Due to this factor of harassment, all artists are identified here by first names only).

Near Bill and Jim's exhibit in the courtyard, Pauline displays her handicrafts of macrame belts and crocheted hats and scarfs. Her fifteen-month-old daughter, Ana, accompanies her. In the photos, Ana-tired of drinking her bottle-decides to take a walk and explore the hand goods in the courtyard. First, Ana is entranced with the brightly-colored tile tables. (The sign on the pillar reads: "What is it? A hot plate, casserole stand or original by Mondrian? It's a tile table!")

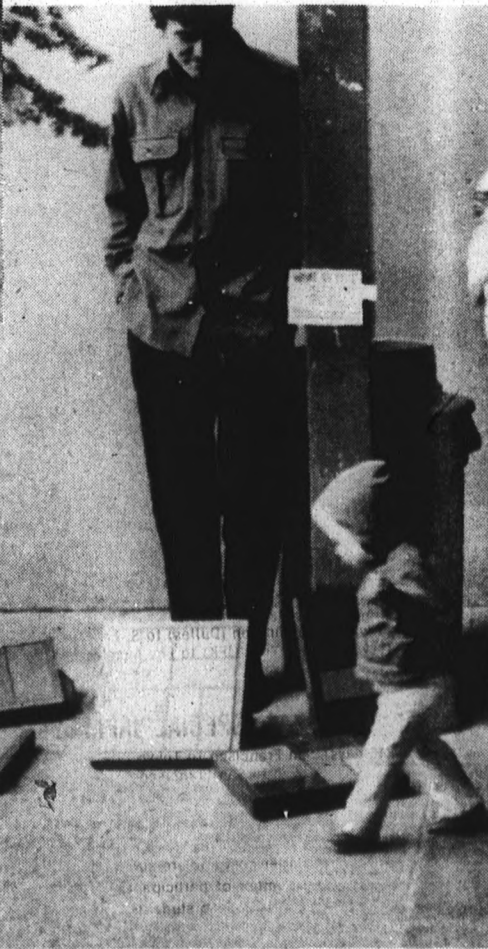
Later, she wanders over to the display of earrings and chokers made by Clifford. Ana's fascination with the many handicrafts of the San Francisco artisans is evident.



Wow! Ana wants them all.



"Hey Mom! Come look at this!"



What is it? Ana tries to find out.

"Friend of those who have no friends...  
enemy of those who make themselves our enemy."  
**synapse**

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## Dialysis

continued from front page



Aaron is definitely not interested in the camera. He has his book.



Showing the book to his mother.

Photos/Loren Pickart



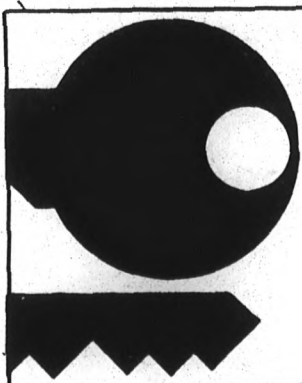
Tired out during the long boring wait for the four hours to end.



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ORGANIC MERCHANTS

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7 DAYS 10 TILL 6:30 • TUESDAYS & THURSDAYS TILL 8 • AMPLE PARKING