

## Where the Candidates for Governor Stand on the Issues

by Katherine Vo

**A**mid the talk on a war on Iraq, the ups and downs of the economy, and the residual effect of an energy crisis, Californians are getting ready to go to the polls to elect their new leader. Most voters get their information from the back-and-forth television ads between current Governor Gray Davis and his opponent, Republican Bill Simon, attacking each other on morals, personalities, and even a silly accusation over a photograph.

And how about the not-so-known names like Reinhold Gulke from the American Independent Party, Gary David Copeland from the Libertarian Party, Peter Miguel Camejo of the Green Party, and Natural Law Party representative Iris Adam? Who will really better California for the Californians? Who will really carry through all their promises for a better economy, education, or health care system? Above all, who will do the best job in convincing a majority to vote for them in California's general election, Tuesday, November 5, 2002?

Well, let's learn a little bit about our two leading candidates Davis and Simon and take a look at some of the issues they presented:

### Davis

Over the course of 25 years in public service, Governor Gray Davis has become known for a quiet tenacity that has made him one of the most effective problem-solvers in California government. Prior to his landslide election as Governor in 1998, Gray Davis served as Lieutenant Governor (1995-99), State Controller (1987-95), State Assemblyman (1983-87) and Chief of Staff to Governor Edmund G. Brown Jr. (1975-1981). His career in politics is shaped by his experience as a Captain in the U.S. Army during the Vietnam War, for which he was awarded the Bronze Star.

Davis met Sharon Ryer, a San Diego County native, in 1978 when she was a flight attendant for then-PSA airlines. Five years later, they

*continued on page 8*

## Some Tips for More Effective Studying

by Brian Steele

The Student Activity Center presents a weekly seminar on Tuesdays during lunch for the benefit of UCSF students. The weekly seminar topics range from effective studying strategies to conflict management and relationship dynamics. A recent presentation given by Jenny Phelps, MS, director of the UCSF Student Academic Enrichment Program, was entitled, "Study UP! Creating an Effective Study Program to Meet the UCSF Challenge."

During her seminar, Phelps noted that making the transition to UCSF can be challenging, especially when everyone here seems like a superstar. The caliber of students, teaching, and material all seems to have 'stepped up a notch' from our undergrad experiences. However, Phelps said that with

effective study strategies, students can achieve academic success.

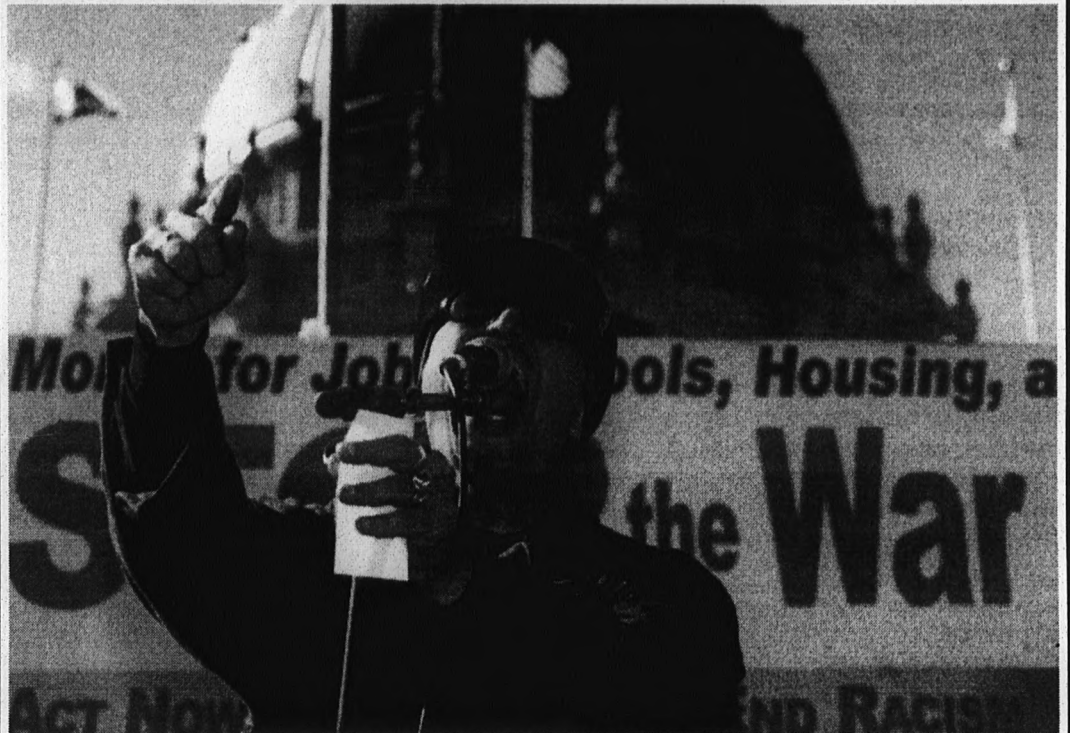
Four strategies were mentioned as keys to effective studying: Organization and Efficient Use of Time, Enhancing Retention and Understanding, Working through 'Blocks', and Anticipation of Test Material.

### Organization and Effective Use of Time

Ever get home and wonder where all the time went? Creating a structured study schedule is easier said than done but essential to managing the increased amount of material you're expected to master. Using a daily calen-

*continued on page 9*

## Voices raised in protest...



**Tens of thousands marched through downtown San Francisco Saturday in the city's largest peace rally since the Vietnam War. The crowd gathered in front of City Hall to protest President Bush's foreign policy, and to demonstrate against a possible war against Iraq.**

photos by Bradley Morikawa



## sports

## For Giants Fans, This Loss Was the Most Painful Yet

by Tim Neagle

**W**hen Russ Ortiz took the mound in the bottom of the seventh inning in Game 6 of the World Series, there was a joy in Giantsville unknown in the team's 45 years in San Francisco. A measly three innings away from their first world championship, with a fat 5-0 lead, Giants fans peered into their TVs, giddy with anticipation.

An hour later, there was grim, devastating defeat, a defeat as soul-destroying as any the Giants have suffered in their long, tattered history in the Bay Area. Game 7 was only a formality, as the Angels won their first-ever World Series, ending that franchise's

41 years of frustration.

Our curse is bigger than their curse.

This Giants' post-season run had been thrilling until the devastating weekend in Anaheim, with startling victories over the Braves and Cardinals bringing the team its first National League pennant since 1989. And through the first five games of the World Series, the Giants appeared on the way to winning it all.

Until the fatal seventh inning Saturday, it appeared that Giants fans could finally bury their haunting memories (only connoisseurs of Giants' defeat may want to read the following — casual fans should skip ahead):

- In 1958, the team's first year in town, the Giants roared into September in first place. The Bay Area was going nuts, intoxicated by the thought of a World Series on its very first try. Alas, in an omen of things to come, the team collapsed in the stretch and finished third.

- In 1962, the Giants fought off two elimination games: Game 3 of the National League Playoffs with the Dodgers, and again in Game 6 in the World Series against the Yankees. Unfortunately, the series-deciding Game 7 saw the Giants lose 1-0, with Willie McCovey lining out with two men on in the bottom of the

*continued on page 9*



## UCSF announcements

### Financial Aid Announcements

2003-2004 financial aid: The UCSF financial aid application for next year will be available via our Web site in early December. Paper applications will be available in late December. The application process is changing for students who are currently receiving financial aid. An e-mail will be sent to students in November detailing the changes. Please read this e-mail carefully. Filing instructions will also be on the Web once the UCSF electronic application is available.

2002-2003 financial aid applications: Students who have not applied for financial aid for the current school year may still submit application materials. Only students loan funds will be awarded.

Visit the Student Financial Services Office (SFSO) Web site: SFSO's Web site ([saawww.ucsf.edu/financial](http://saawww.ucsf.edu/financial)) explains the financial aid process, provides quarterly check disbursement and other important

dates, and provides links to fee scholarship search sites as well as other financial aid related sites.

SFSO is open Monday-Thursday, 7 a.m. to 6 p.m. and Friday 7 a.m. to 5 p.m. Drop-in advisers are available from 8 a.m. to 5 p.m. If your financial aid questions will take more than five minutes, please make an appointment with an adviser. (MU 201, 476-4181)

### LEGAL INSURANCE PROVIDED TO ALL REGISTERED UCSF STUDENTS

Are you in need of legal advice or assistance? All UCSF registered students are automatically enrolled in Signature LegalCare, an insurance plan specifically designed to meet the most common legal needs of UCSF students. Look for your brochure in the U.S. mail in the next few weeks or contact the Office of Student Relations, MU-126 West, 476-4318, for more information.

## outdoors and recreation

### Outdoors Unlimited General Info, 476-2078

#### Mid-week Available for Winter Cabins in Tahoe

We have two houses at North Tahoe that are available for rental to the UCSF community. We have plenty of mid-week availability. Mid-week means less traffic, fewer lift lines & cheaper cabins. For rates and more information call 476-2078 during 5-8 p.m.

#### Outdoors Unlimited Rental Center

The most convenient and inexpensive place to rent outdoor gear is right here at UCSF. Located under the UCSF library by the corner of 3rd Ave. & Parnassus. We rent tents, sleeping bags, stoves, lanterns everything you need for a weekend away. Open 5-8 p.m. Mon-Fri & 11:30-1:30 Mon & Fri. For more info call 476-2078 during open hours.

Registration required PRIOR to pre-trip. Rent your equipment from OU for these clinics and receive 20% off. Your access to outdoor adventures and recreation. No membership fees. Open to the public. UCSF students, staff, and members of Millberry Programs and Services receive discounted prices.

[www.outdoors.uscf.edu/ou](http://www.outdoors.uscf.edu/ou)

### Millberry Recreation & Fitness Center General Info, 476-1115

#### Salsa Workshop

Taught by a dance champion, this workshop will teach you the basics and more of the hottest dance around – salsa! Learn this spicy dance and get ready to move your feet to the rhythm. Come with or without a partner. Saturday November 2, 3-5 p.m. For more information e-mail [pdeer@casmil.ucsf.edu](mailto:pdeer@casmil.ucsf.edu) or call 476-1115.

#### Cardio Moves

Drop in anytime to this high energy workout that incorporates traditional aerobic moves with jazz, funk and Latin choreography. Guaranteed to keep you movin' and groovin'. Classes on Tuesday 8-8:55 p.m. and Sunday 9:30-10:30 a.m. For more information e-mail [bboka@casmil.ucsf.edu](mailto:bboka@casmil.ucsf.edu) or call 476-1115.

#### Qi Gong

Perfect for all fitness levels, Qi Gong can help you enhance your everyday life and health with the art of energy management. Find out about developing energy to balance the mind, body and spirit. For more information e-mail [pdeer@casmil.ucsf.edu](mailto:pdeer@casmil.ucsf.edu) or call 476-1115.

## grand rounds

### Today

Dept. of Medicine  
N225, noon-1 p.m.  
"Exercise in Clinical Problem Solving"  
Lawrence M. Tierney, Jr., MD

### Monday, November 4

Otolaryngology — Head & Neck Surgery  
S214, 8:30-10:30 a.m.  
8:30: Neuroradiology Conference  
Nancy Fischbein, MD  
9:30: Morbidity and Mortality Conference  
Corey Maas, MD

Dept. of Microbiology and Immunology  
HSW301, 5 p.m.  
"Natural Immunity: A Link Between Innate Immunity and the Adaptive Immune Response"  
John F. Kearney, PhD  
University of Alabama-Birmingham

### Tuesday, November 5

Dept. of Obstetrics, Gynecology and Reproductive Services  
N217, 9-10 a.m.

"Weight Reduction to Treat Incontinence: From Epidemiology to Novel Therapy"  
Leslee Subak, MD

### Wednesday, November 6

Dept. of Endocrinology  
Langley Porter Auditorium, Room 190,  
8:30-9:30 a.m.  
"What Can You Do to Treat Insulin Resistance?"  
Jack Youngren, PhD

### Thursday, November 7

Dept. of Ophthalmology  
8:30-10 a.m., S214  
8:30: Case Presentations: Pediatric Ophthalmology  
9:15: "Glaucoma Increases the Risk of Non-Spine Fractures"  
Ann Coleman, MD

Dept. of Medicine  
N225, noon-1 p.m.  
"Evaluation of Patients With Syncope: an Emergency Department Perspective"  
James Quinn, MD

## events, speakers, etc.

### Impact! Presents

#### UCSF's Halloween Celebration

UCSF celebrates Halloween at the following campus sites on Thursday, October 31:

#### Parnassus Campus

##### 70's Halloween Funk Fest

Thursday, Oct. 31 from 11:30 a.m. to 1 p.m.  
Saunders Court (weather permitting)  
Win a DVD player in the costume contest and pumpkin carving contests! Enjoy ghoulish games, funk music, and a groovy lunch special provided by Courtyard Caffe.

#### Laurel Heights Campus

##### Halloween Fright Fest

Thursday, Oct. 31 from noon to 1 p.m.  
The View & The Garden Room (2nd Floor)  
Enter the door decorating contest (call Susan at x67408 to enter). Enjoy steel drum music, mini-pumpkin decorating, and scary costume contest (1st prize is a DVD player).

#### Mission Center Campus

##### Halloween Fright Fest

Thursday, Oct. 31 from noon to 1 p.m.  
MCB Hartsook Room  
Buy a lasagna lunch for \$3, get free cake, and enter a costume contest with a DVD player grand prize. Costume contest participants must show up by 12:30 p.m. in the Hartsook Room.

#### Mt. Zion Campus

##### Halloween Fright Fest

Thursday, Oct. 31 from noon to 1 p.m.  
Brendan's  
Enjoy a Halloween special at Brendan's. Decorate mini-pumpkins and get free popcorn

### Student Enrichment Series

Tuesday, November 5, Noon-1 p.m., N217  
Loans = Debt and Debt = Stress  
Lighten the load. There is help to deal with your student loans. In this session (note repeat date Wed. 11/6) get info about the current opportunity to capitalize on lower interest rates to consolidate student loans, various loan repayment programs, and how to negotiate loan payment/forgiveness when considering a job offer.

Presenters: TBA

*Cosponsored by Student Financial Services, UCSF Career Center, Student Affairs in the School of Nursing*

### Impact! Presents@

General Info, 476-2675

#### First Friday Free Videos: American Vision!

November 1, noon to 1 p.m.  
S-163, Parnassus Campus  
This event is FREE.  
Take a break from your busy day and enjoy an insightful video presentation by the UCSF Visual Arts Club. Call 476-2675 for more information.

#### The Chancellor's Concert Series

Thursdays, Oct. 3 through December 12  
noon to 12:45  
Cole Hall, 513 Parnassus Avenue  
This event is FREE.

October 24  
Baroque Music  
Tanya Tomkins, cello  
Hanneke van Proosdij, harpsichord  
Geminiani: Sonata in C major  
Sweelinck: Fantasia Chromatica  
Barriere: Sonata in C minor

October 31  
Mack McCray, piano  
Evil music for Halloween by various composers

### Brown Bag Lunch

Wednesday, November 6  
HSW300, 12:10-1 p.m.

"Self-Help Acupressure: Symptom Relief at Your Fingertips"

Learn how to stop headaches, stomachaches, cramps and other troubling symptoms by applying pressure to the right place.

Joseph Acquah, LAC, OMD  
Acupuncturist, Osher Center for Integrative Medicine, UCSF

### Calling All Vendors!

The Holiday Shopping Spree

For an application: Call Impact! at 476-2675 or go download a form from the Web site at [www.impact.ucsf.edu](http://www.impact.ucsf.edu)

### The Fishbon Fall Fair offers used medical books for sale for \$1 — the "Buck-a-Book" sale is one day only: Thursday, November 7 from 9 a.m. to 5 p.m. at the Fishbon Memorial Library, UCSF Medical Center at Mount Zion.

Other Fall Fair activities:  
Raffle of a new digital camera (tickets on sale now at the library)  
PubMed coaching  
DIALOG demos

All proceeds benefit the library's book fund. For more information call the library at 885-7378.

### Entrepreneurs Group

The UCSF Entrepreneurs Discussion Group (EDG) meets every other Tuesday to discuss the latest innovations in biotech and related fields. Ideas are discussed and refined in a roundtable format, with an eye toward potential commercialization of those ideas. Anyone with an interest in biotech entrepreneurship (e.g., fledgling entrepreneurs refining their business models, writing executive summaries and drafting their business plans) is particularly welcome. Every other Tuesday, noon-1 p.m., S174. Lunch will be served!

For more information, contact Baruch Harris, [baruchzh@hotmail.com](mailto:baruchzh@hotmail.com) or Peter Mui, [pmui@attbi.com](mailto:pmui@attbi.com).

## entertainment

November 7

Stephen Paulson, bassoon  
And Friends  
Harbison: Quintet for winds

### Cole Hall Cinema

Your Friendly Campus Theater  
Admission Prices: \$2.50-4  
Located in the Medical Sciences Bldg., 513 Parnassus Avenue  
Tickets available at the door only. Box office opens 1/2 hr. before show time.  
Open to the General Public!

### Halloween Madness!

*BLADE 2 • R*  
Thurs. Oct. 31, 5:45 p.m. & 8 p.m.  
Fri., Nov. 1, 6:30 p.m. & 8:30 p.m.

### Family Fun Night!

*LILO & STITCH* o PG  
Thurs, Nov. 7, 5:45 p.m. & 7:45 p.m.  
Fri, Nov. 8, 6:00 p.m. & 8 p.m.



## opinion

# Improved Reproductive Choice for Californians

by Isiah Harris

Despite gaining national legality in the triumphant 1973 Roe vs. Wade decision, the inability to access abortion services has remained a significant national concern. In 86% of our nation's counties, women are unable to find abortion providers who have received medical training, and despite the progressive and liberal political climate of our home state, the situation in California is disturbingly similar, with abortion services remaining unavailable in more than one-third of all counties.

However, the recent political actions of Governor Gray Davis have taken tremendous strides towards rectifying our state's abortion woes. The first in a series of bills signed by Davis (AB 2194, Jackson: Abortion Training) makes California the first state in the nation to require all accredited medical schools to offer abortion training. At present, more than half of all OB/GYN residency programs in the nation do not offer such training.

Other major obstacles that restrict access to abortion are the violence and threats to which doctors, staff, and patients are often subjected. Davis also signed legislation that will protect abortion providers from extremist groups who post their home addresses on Web sites and encourage violence toward patients and staff at clinics that provide abortions. Known as "Confidentiality for Reproductive Health Workers and Patients," (AB 797, Shelley: Reproductive Health Clinic Worker Protection) the bill allows doctors, nurses, volunteers, and patients to enroll in the state's Safe at Home program that conceals the addresses of victims of stalkers and domestic violence.

In many regions of the nation, the ability of sexually assaulted woman to obtain emergency contraception remains severely limited. However a third bill (AB 1860, Migden: Emergency Contraception to Rape Survivors) signed by Davis requires that, upon

request, medical professionals counsel sexual assault survivors on the risk of pregnancy, and distribute emergency contraception should victim ask for it.

Many people are worried that a woman's right to reproductive choice could be eliminated in the future, particularly in light of the highly conservative mindset of our nation's executive office. In the event that current pro-choice Supreme Court judges retire and are replaced by more conservative appointments, it is possible that the Roe vs. Wade decision could be overturned by the U.S. Supreme Court. This fear prompted the signing of the Reproductive Privacy Act which would continue to protect women's right to abortion within the state of California (SB 1301, Kuehl: Reproductive Privacy Act). In addition, the bill makes it easier for women to obtain a safe and early medical abortion by permitting nurses as well as physicians to prescribe mifepristone (RU-486).

Taken together, these four bills offer

Californian women the greatest support to reproductive choice our nation has ever seen. Gov. Gray Davis, who has long championed women's right to make their own reproductive choices, should be commended for promoting and protecting the rights of California women. The next step in this ever evolving and expand journey requires us, as advocates of women's health, to continue to spread the word and disseminate information. For those of you who are interested in learning more about women's health and reproductive rights, I encourage you to investigate Students for Choice, a campus organization dedicated to supporting reproductive choice. If you are interested or would like more information you contact me directly at: [iharris@itsa.ucsf.edu](mailto:iharris@itsa.ucsf.edu).

*Isiah Harris is a second-year medical student.*

## Currant Jelly and Pearl Drinks: Inside the Madness of Microbiology

by Alex Lee

The Sunday night before a microbiology exam, at 3:30 a.m., in a haze of caffeine and pseudoephedrine-induced psychosis, my mind wandered from the nuances of Hepatitis serology, and on to grander schemes. It was then that I came up with what seemed to be the most brilliant idea that I had ever had.

I would start a Pearl drink business in the predominantly Asian suburb of Millbrae (which is north of San Mateo). The wealthy teenagers of the area are constantly looking for a place to hang out in the evening. In the absence of anywhere better, they spend their time at Starbucks and Baskin Robbins. Now, they could spend \$3.50 for a little concoction made of water, sugar and little gelatinous balls while they listen to techno music and jumped around on a Dance Dance Revolution machine (a one dollar-per-play video game that requires you to dance in a certain way to techno beats). We would have karaoke rooms in the back, and a little brown-haired Asian girl serving up the drinks in the front. It would be the ultimate Asian teenager hangout.

I had it all worked out, until I told my girlfriend, who was preparing for a presentation the next day. She reminded me that I didn't have much free time

in the next six or seven years, and reassured me that my idea was one of the dumbest things she had heard in recent memory.

My hopes were dashed, but my mind had not shut down for the night. Instead, I came up with a brilliant idea to write this article about random thoughts that popped into my head as I crammed all the details of 100 or so viruses, bacteria and fungi into my increasingly overwhelmed short term memory.

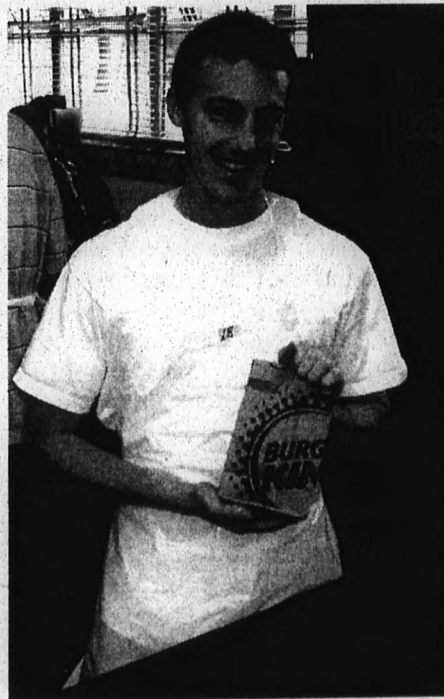
### Alex's Random Thoughts

- Culturing my own feces in microbiology lab was one of the most disgusting things I have ever done.

- Some of my classmates really need to eat more fiber. Watching people break apart little chunks of stool with sticks was one of the most disgusting things I have ever seen or smelled.

- Advice to 1st year medical students: Before this lab, go on an all-fruit diet for 24 hours.

- Advice to the microbiology lab staff: Maybe next year, you can provide



Matt Potts brings a little "treat" to Microbiology lab.

slightly larger specimen cups. Let's just say that while aiming is a little difficult, missing tends to be a bigger problem.

- Once again, we are forced to prove that we are able to memorize a

list of facts. It is a skill that I have been honing since I memorized the 50 state capitals in 4th grade.

- Incidentally, I can name all 50 states, and about 6 of their capitals. Thank you Ms. Stevens, wherever you might be.

- When I start to remember facts by where they are on the page in my notes, that's a bad sign.

- Undisputed best technique to memorize random information: Make up dirty mnemonics. The dirtier the better, of course.

- Time it will take me to forget every disease and medication, post-exam: 4.5 drinks or 15 minutes, whatever comes first.

- Random fact #1: The pinworm (*Enterobius vermicularis*) is a quarter inch worm that crawls out of your anus at night while you're sleeping to lay her eggs around your anus. She then crawls back in until the next night. Clever girl.

*continued on page 9*

**synapse**

Millberry Union 123 W • University of California, San Francisco • (415) 476-2211 • Fax 502-4537 • [synapse@itsa.ucsf.edu](mailto:synapse@itsa.ucsf.edu)

Editor-in-Chief: Alex Lee Associate Editor: Amy Wong Arts Editor: Rita Ng Features Editor: Rita Mukhtar Food Editor: Karen Huang Technology Editor: Alan Dang Sports Editor: Alan Huang Photo Editor: Brad Morikawa Politics Editor: Kat Vo Science Editor: Dan Paskowitz Managing Editor: Tim Neagle Advertising Editor: Lucia DeLeon Production Editor: Sierra Alvis • Synapse is a student-run weekly with offices in Millberry Union 123W. The paper appears on Thursdays during the academic year and monthly during the summer. All UCSF students, faculty, and staff are invited to contribute. • Announcements and letters should be submitted six days before publication. Email submissions to [synapse@itsa.ucsf.edu](mailto:synapse@itsa.ucsf.edu), or mail to Box 0376, UCSF, San Francisco CA 94143. All material submitted is subject to editing. • Subscriptions cost \$20 per year (\$40 outside the U.S.). • Synapse seeks to serve as a forum for the campus community. Articles and columns represent the views of the authors, and not necessarily those of the Board of Publications or the University of California. Ad Policy: Paid advertisements do not necessarily reflect the views of Synapse. Synapse and its editorial board reserve the right to decline advertisements promoting false or misleading claims, known health risks, or content deemed by the editors to be antithetical to the interests of UCSF students or the UCSF community. Synapse does not accept advertisements from tobacco or alcohol manufacturers, or sexually oriented personal ads. Synapse reserves the right to run any ad with a disclaimer.





## review

# "Bloody Sunday" — Brilliant Film Examines a Tragic Day in Irish History

by Tim Neagle

*Out of Ireland  
Have we come.  
Great hatred, little room,  
maimed us from the start.  
I carry from my mother's womb  
A fanatic heart.*

—William Butler Yeats

*Bloody Sunday*, a film about the attack on a crowd of Irish civil rights marchers by British paratroopers in 1972 in the Northern Irish city of Derry, is as powerful a piece of film-making as you are likely to see in theaters this year.

Filmed with handheld cameras and featuring a jumpy, almost frenetic style of editing, the film portrays the events of Sunday, January 30, 1972 with a "you-are-there" *verité*. Twenty-seven people were shot that day, 13 fatally (a fourteenth later died from his wounds). A subsequent investigation in England exonerated the soldiers, and the Queen decorated the commanders involved.

*Bloody Sunday* is an angry film, determined to overturn that verdict and (in the final words of the film) bring justice to the victims of that long-ago Sunday. It is largely based on the 1997 book *Eyewitness Bloody Sunday*, which strongly challenged the official British version of the events of the day. The book had such an impact that Prime Minister Tony Blair has formally re-opened the investigation into what actually happened that Sunday in Derry thirty years ago; the investigation is ongoing.

The film's story unfolds in the form of a docudrama examining the lives of several of the real-life protagonists from that day: Ivan Cooper, the Protestant Member of Parliament for Derry who was a driving force behind the civil rights movement in Northern Ireland at the time; Catholic teenager Gerry Donaghy who has already served a stretch in jail for his anti-British activities, and British soldiers,

from generals down to grunts, who are preparing for a confrontation.

The tragic cross-purposes of the civil rights marchers and the British military are clearly established early in the film. While the oppressed Catholics plan a peaceful march, the British are prepared for an armed conflict with the Irish Republican Army. Despite fears of violence, the civil rights organizers refuse to call off the march. "Civil rights are dead in this country if we don't march," one of them says. Meanwhile, British commanders are preparing their heavily-armed troops for a bloody confrontation with "hooligans" or "yobbos," as they are constantly referred to. The troops, frustrated with months of name-calling and rock-throwing by Irish protesters, are clearly in the mood for a fight. Their anger and fear is strongly established by director Paul Greengrass, whose film is remarkable for refusing to demonize the British.

The first half of the movie can be difficult for an American audience. Most Americans have little understanding of Northern Ireland's "Troubles," and the politics from 30 years ago are sometimes hard to grasp. Difficult to grasp, also, are the thick Ulster accents — I probably understood less than half the dialogue in this film.

And yet, such concerns fade away once the march begins and the audience is swept up in the day's awful events. The film's constant inter-cutting between the marchers and the increasingly anxious British soldiers builds the tension to an almost unbearable level.

British roadblocks prevented the marchers from reaching their goal of the Guildhall in Derry. As the film shows, Cooper and other leaders of the march changed the route in an attempt to avoid a confrontation. But a small rowdy group, infuriated by the heavy display of force by the British, broke away from the march to scream insults and hurl stones at the troops. To the British commanders, this moment seems like the one they have been

waiting for, when IRA gunmen break away from the shelter of the still-mostly peaceful marchers.

The film is ambiguous as to who started the violence. Shots are heard by the British soldiers before they go into action, but the movie later tells us that no spent cartridges have been found on the barricades where the Irish youths were tossing rocks and insults at the troops. (In real life, the British paratroopers claimed they were met by a fusillade of up to 50 shots and a hail of nail-bombs. No witness outside the British military has ever corroborated this account. No British soldier suffered so much as a scratch that day.)

The film's unbearable tension breaks with a shattering suddenness as the paratroopers go into action and mercilessly gun down the unarmed demonstrators. The violence in *Bloody Sunday* is shockingly real, even without being overly explicit — it brought gasps from the audience at the screening. Even those trying to aid the wounded are gunned down — the film captures the horror of the day with a stunning authenticity.

The aftermath of the shootings is unbearably sad. We see Cooper going to the hospitals and seeing the dead and wounded; we see the wounded Catholic teenager Donaghy and watch as his life slowly drains away (the part was played in the movie by Declan Duddy, the nephew of one of the real-life victims of Bloody Sunday.)

We see the dispirited, drained leaders of the civil rights movement at a press conference, where an exhausted and emotional Cooper (played with riveting intensity by James Nesbitt, himself a native of Northern Ireland) tells the reporters that the action by the paratroopers has killed the civil rights movement in Ulster. "All over this city tonight," he declares, "young men are signing up with the IRA. You have handed the IRA the greatest victory they have ever had. And you shall reap the whirlwind."

The subsequent quarter-century of violence in Northern Ireland stands as tragic testimony to the truth of those words.

This brilliant, passionate film, winner of the Grand Prize at the Berlin, Jerusalem, and Sundance film festivals, is a haunting memorial to those who died on that tragic day. In its angry quest for justice, it demonstrates a fidelity to principle almost never seen in American movies. *Bloody Sunday* is an amazing achievement, one of the best films of the year.



***Bloody Sunday*  
is now playing at:**

**Lumiere Theater  
1572 California  
St. (@ Polk St.)  
San Francisco  
(4:15), 6:45, 9:15**

**California Theatres  
2113 Kittredge St.  
(@ Shattuck Ave.)  
Berkeley  
4:30, 9:30**

## Join Us at Synapse!

Synapse is your paper. All UCSF students are invited to our free lunch meeting every Thursday at noon in MU 123W. Eat, meet fellow students, and kick around some story ideas. No experience or expertise needed!

Come to lunch, call 476-2211, or e-mail us at [synapse@itsa.ucsf.edu](mailto:synapse@itsa.ucsf.edu) for more information.



## review

# Beauty and the Beast: Lose Yourself in a Simple Pleasures

by Alan Huang

San Francisco's Orpheum Theatre, located at 1192 Market Street, is actually quite a delightful place to enjoy a musical. Aside from the usual difficulties of parking anywhere in downtown San Francisco, I really like the atmosphere there. The theatre is not too large, seating about 2200 at maximum capacity. This allows you to have a good view of the action no matter where you are seated. A couple of weeks ago, I took in *Mama Mia*, also at the Orpheum.

That night, I was seated in the second to last row on the upper balcony, but was still afforded a good view of the stage. This time, however, armed with *Synapse's* enormous pull, I was able to enjoy Disney's *Beauty and the Beast* from the orchestra seats, a

novel experience for me and one which I must say I enjoyed quite thoroughly.

Aside from the performances themselves, which I will get to later, one of the most impressive features of the show were the costumes. They were excellent, embellished, extensive – simply extravagant. Particularly noteworthy were the various “appliances” in the Beast's palace. These semi-humanized characters included, among others, Cogsworth (a clock), Lumiere (a candle), and Mrs. Potts (a teapot). Perhaps it is true that the visual splendor is targeted at a youthful audience, but the creativity of these designs could make people of all ages smile.

Unlike watching a movie just out in



An intimate scene plays out between Belle and the Beast.

theatres, a musical rarely has the advantage of novelty with respect to the plot. Almost everybody knows the

general plot of *Beauty and the Beast*, so execution is everything. Novelty must come in other forms. In this particular cast, there was an incredible energy on stage that lasted the entire night, which was about two hours and 50 minutes, including a ten minute intermission. Nothing compared to the epic saga of our Med II's class play, but a bit longer than what I'd prefer.

A particularly smashing performance was made by Marc Dalio, who played Gaston. It is well worth it just to go see this fellow portray the embodiment of sheer arrogance. Another astounding performance was turned in by Rob Lorey, who played Lumiere, the aforementioned “candle.” If you go see it at

*continued on page 9*

## An Impressively Mellow Evening at the Bridge School Benefit

by Mark Graham

Shoreline Amphitheater was packed with a varied crowd on a cold Saturday night (10/26) to watch and listen to musicians who usually wouldn't be found on the same stage. But when the occasion is the Bridge School Benefit, musical heroes and newcomers join together for two pleasant evenings of all-acoustic shows.

This year the Bridge School, a school for physically challenged, severely speech-impaired children, celebrated its 16<sup>th</sup> annual show at the Shoreline Amphitheatre in Mountain View. The school was cofounded by Pegi Young, Neil Young's wife, because of her desire to help children like her own son Ben, who is autistic. The concert provides the primary source of funding for the small school located in the Hillsborough School District here in the Bay Area.

Being a well-respected musician helps Young convince a wide-range of artists to perform for free. And everyone gets to see the immediate beneficiaries because the Bridge School students watch the concert from their own set of bleachers sitting directly behind the artists on stage. It's for the kids!

### Let the acoustics begin!

As usual, the casually dressed and shaggy Young started off the show with three familiar songs full of his quirky voice, loud harmonica, and dirty guitar. As predicted, the young new starlet, Vanessa Carlton followed, pounding through a handful of songs on her famed grand piano with her squeaky voice. Of course she played her radio/MTV hit, “A Thousand Miles,” and pleased the incoming audience by keeping it short. Carlton's set was a great juxtaposition to the fun and enthusiasm of the Foo Fighters. As one of two full bands that appeared, the Foo Fighters were a delight, running through their hits from the past years in an oddly acoustic setting.

They started off with a very slow rendition of “Everlong” but picked

things up when lead singer Dave Grohl asked the audience and children behind him if he should scream as he usually does for the bridge of “Monkey Wrench.” He was timid to let loose with the mellow crowd but pleased us all with his excitement and sentiment for the students behind him.

### The evening's highlight

As night fell we were all blessed with the over-the-top antics of the singing, guitar-playing comedy act of Tenacious D., Jack Black and Kyle Gass. Their ridiculous lyrics, crazy

It was like watching three exciting trailers to a feature film and forgetting what you came to see in the first place.

dancing, animated facial expressions, and blunt sarcasm proceeded to fill the increasingly frigid air with laughter.

The self-proclaimed “Greatest Band in History” got the best response when they unleashed their new instrument, a plastic toy saxophone they refer to as the Saxaboom. As Black played the plastic toy, Kyle G danced the only way a portly, middle-aged, white, balding man can: with no rhythm or shame of any sort. It was a riot!

Overall, Tenacious D surprised a lot of people, especially with their very good Beatles melody closer. They were enjoyed by all.

The young talented songwriter, Ryan Adams, followed with a very melancholy set, jumping from guitar to piano accompanied with a nice touch of cellos and violins. He impressed

many with his soulful voice and his touching songs.

Adams, both a skillful composer and an emotional artist, seemed at times to resemble a younger version of Neil Young. His young bashfulness was “cute,” according to the girl behind me, and he showed great appreciation for being invited to play the special concert. “This is probably the coolest things I have ever done in my life,” he claimed after commenting on the strength and courage of the children behind him. His final song was a cover of Hank Williams' “Lovesick Blues,” which was his true shining moment as he yodeled with great ease and surprising perfection.

Throughout the show I often remembered, “Oh yeah, we still get to see so and so!” It was like watching three exciting trailers to a feature film and forgetting what you came to see in the first place. “Oh yeah, Jack Johnson is next.”

The Hawaiian surf film director/ex-pro surfer played a handful of slower love songs, and a few of his more upbeat tunes including his happy closer “Mud Football.” The mixture of his simple guitar melodies and kind but resonating voice fit the bill nicely. He showed overwhelming generosity as he signed his autograph for the excited students behind him before leaving the stage.

### Time for a beer

Then came LeAnn Rimes. To put it nicely, I figured out where to buy food, go to the bathroom, and find my friends during her set. Yeah she's talented, as they all were, but I couldn't relate to the teenage girls belting out every lyric as they held each other to keep warm while watching their favorite singer. I think she tried a little too hard to plug her new album rather than play her hits as everyone else was, but she is only 20.

The crowd began to leave after Rimes' set, probably because of the chilling temperature or maybe because

they didn't realize that the next performer is the leader of one of the most popular bands in the world, Radiohead.

### Wrapping up

Thom Yorke borrowed Young's old piano to quickly hop from guitar to piano to guitar and back multiple times. He set the tone of his set with a chilling run through of “Everything In Its Right Place” and continued the intensity with his piercing voice and oddly composed songs whether new or old.

“Oh yeah, James Taylor is playing too.” The master of finger-picking and easy-listening tunes did a wonderful job, playing such timeless classics as “Country Road” and “Fire and Rain,” with purity in both guitar technique and vocals.

Young reappeared to play “Heart of Gold,” with Taylor before jumping from pump organ to piano to guitar with his harmonica around his neck playing various songs solo. He played good hits like “Old Man” but failed to keep the dispersing crowd interested and warm with his lesser known, sad, political songs. For the much-awaited finale, everyone reunited onstage to attempt to play Young's, “Comes A Time,” which unfortunately wasn't that special. You could hear only Neil Young and nobody seemed to know it anyway.

In conclusion, every act was so different but it all melted together as one fine evening of talented musicians in an acoustic setting for a great cause. I wonder who's going to play next year?

*Mark Graham is a first-year dental student.*



## Taking it to the streets...



UCSF students participated in a recent health fair in Chinatown. Registered Campus Organizations at UCSF frequently take health care to different neighborhoods in San Francisco, bringing (as the photo below shows) a little bit of flair to the proceedings.

photos by John Graham



## review

# Opera for the Common Man? La Boheme Fails to Impress

by Alex Lee

By any account, I am a philistine in the Mecca of culture that is San Francisco. I don't own season tickets to the San Francisco Symphony, I have yet to frequent a wine bar, and I certainly do not pay \$170 for a pair of tickets to the opera often.

Hence, I should be perfectly qualified to review Baz Luhrmann's production of Puccini's *La Boheme*, showing at the Curran Theater until November 10, before it heads to New York.

This 1990 reincarnation of *La Boheme* was re-written by Luhrmann, best known for his work with the Oscar-nominated *Moulin Rouge*, as well as *Romeo and Juliet*, starring a forgettable Leonardo DiCaprio. Luhrmann is joined by his wife, Catherine Martin, who won two Oscars for costume design in *Moulin Rouge*.

Luhrmann took artistic license with the production to make it more palatable to general audiences. "Puccini wrote this opera for the masses and not for the elite," Luhrmann said during an interview with NPR. Other than the fact that the story takes place during the winter of 1957 in Paris, rather than 1890, *La Boheme* seems to remain fairly true to form to the original in terms of music and plot.

Like other grand operatic productions, the plot takes a backseat to the spectacle onstage. The plot can be summarized quickly: Boy meets girl. They fall in love. They sing. Boy loses girl. Boy reunites with girl. Girl dies. More singing.

More impressive was the flashy costume and stage design. Staged on an exposed set that rapidly transformed from a icy Paris rooftop to a flashy open street scene, costumed stage hands rotated sets and produced special effects in plain view. Rather than being cheesy, this was a fun addition, drawing the audience in to the theatrical experience. More

practically, large projectors screens were strategically placed above and within the sets to provide subtitles. Like the set, the costumes rapidly changed from Bohemian mismatched urban attire to contrast with the occasional flashy gowns with glitter.

The youngish cast are a far cry from the morbidly obese woman in the Viking helmet that most people stereotype opera performers to be. They are attractive and physically fit, as they are constantly running around the set, singing in full volume. Since there are a total of 8 performances per week, 3 actors rotate the two main roles of Rodolfo and Mimi.

On the particular performance I attended, David Miller played the lead of Rodolfo while his counterpart, Mimi was played by Lisa Hopkins. Frankly, both failed to impress. Ms. Hopkins voice seemed to lack the spine chilling power and range that I have seen in other opera or Broadway performances.

What disappointed me most about this production was my own expectations. I enjoy mainstream Broadway productions quite a bit. Dancing, catchy pop tunes and dramatic plot twists are what I have grown to expect. Simply put, although Luhrmann's production attempts to add some Broadway sizzle to this classic, it is still simply an opera. Hence, if you don't like opera, you probably won't like this production of *La Boheme*. In contrast, if you are an opera purist, you may be able to find fault with the adjustments to the original.

Alex Lee missed two football games and the Blue Angels to take his girlfriend to the opera for her birthday. He hopes that she appreciates this, and will not complain when he wants to go watch the Ultimate Fighting Championships with his buddies.



## GSA Update

by Eric Slivka

### 1. Recycling

Attention residents of Aldea Student Housing! You've no doubt seen the new garbage collection system in place throughout the Inner Sunset. Now it's your turn! Look for the green cans designated for compostable material to appear in early November.

Also, all recycling will be combined (no more sorting of paper from plastic!) in the blue cans. Everyone on campus can also look forward to the arrival of pipette tip box recycling — more details will be coming next month.

### 2. Proposition 47

Unless you've been living under a

rock, you've probably heard all about Proposition 47, a bond measure that would help public schools and universities build new facilities and upgrade existing ones. The GSA and ASUCSF have passed a resolution in support of Proposition 47 and we encourage you to head out to the polls on Tuesday, November 5th and make your voice heard!

### 3. Election Information

Confused about the issues on this year's election ballot? The GSA has a handy guide that concisely explains everything — great for those people too busy to read the voter information

booklets (or books in most cases) from their governmental agencies. Watch for it to be distributed electronically in PDF format soon!

### 4. Tax-Free Stipends

Graduate students across the country unite! A coalition of graduate students from all around this great nation of ours has banded together in an attempt to return graduate student stipends to tax-free status. Representatives of the GSA have participated in several lobby days in Washington, DC and are encouraged by the response they've received thus far. Keep your fingers crossed and

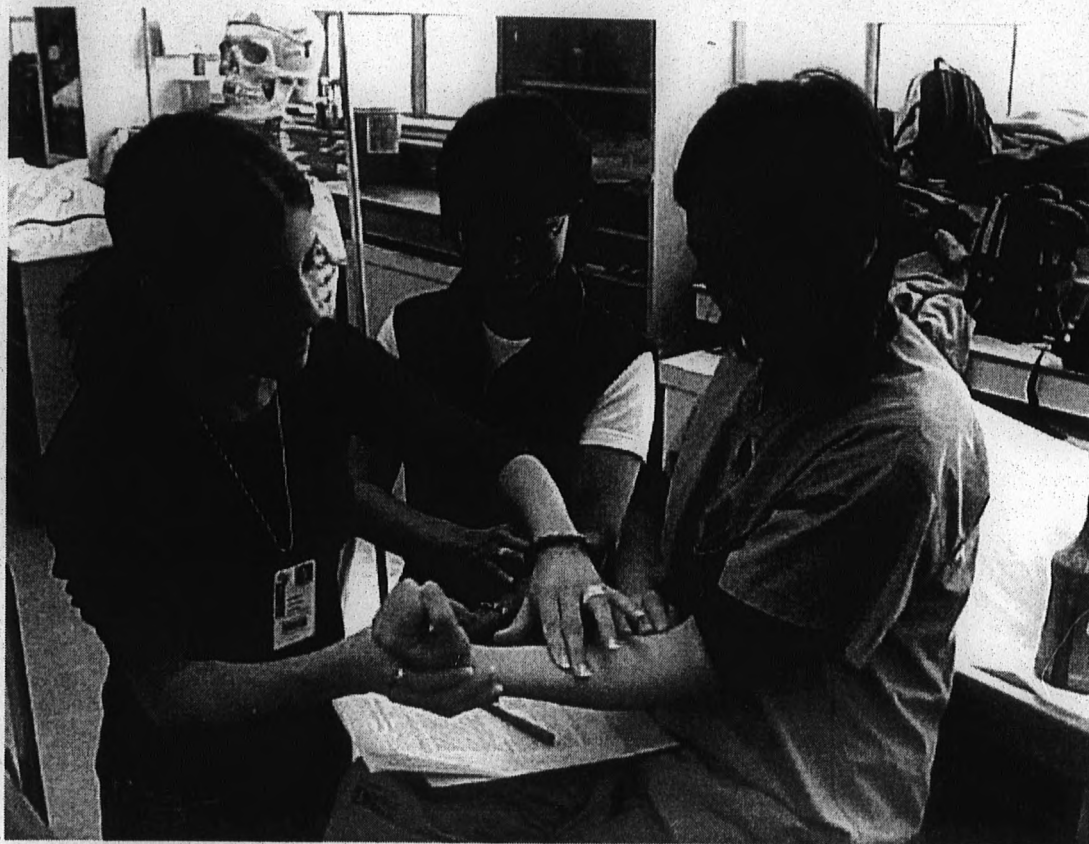
don't hesitate to write or visit your congressmen to express your support! We'll keep you updated as things develop.

Questions? Comments? E-mail us at [gsa@itsa.ucsf.edu](mailto:gsa@itsa.ucsf.edu) or come to the next GSA meeting on December 3 at 5 p.m. Check your e-mail inboxes or the GSA bulletin boards as the time approaches for the location of the meeting.



# Physical Therapy and Medical Students Collaborate on Anatomy

by Michelle Foosaner



Michelle Foosaner (left), a second-year PT student, helps two first-year medical students get some hands-on experience while learning more about the anatomy of the human body.

One year ago, many changes in the medical school curriculum were applied to the entering class. As a result, gross anatomy morphed from an extensive course with full cadaver dissection lasting months to a six-week crash course viewing prosected specimens.

Much of the thorax, abdomen, and perineum will be reinforced throughout the year as disease processes are applied to organ systems, but when will the bones and the muscles truly be integrated into these students' anatom-

ical expertise? As one anonymous second-year medical student said about his exposure to anatomy, "I couldn't keep up with learning the stuff because the vocabulary was so vast and it was so much memorization; they gave us all of the facts but then tested us functionally on innervations and actions of muscles which I never really grasped."

This year, the faculty within the Department of Anatomy collaborated with the Department of Physical Therapy to see how they could

enhance the presentation of musculoskeletal anatomy to the incoming medical class. Pat Patterson, faculty coordinator of the medical school anatomy prologue, Charles Ordahl, anatomy faculty member, and Kimberly Topp, faculty coordinator of the physical therapy courses, invested their time in designing and coordinating this initial attempt to involve students in the cross-disciplinary education of other students.

Eighteen second-year physical therapy students and 140 first-year medical students came together in recent weeks to teach and learn anatomy and procedures for a physical examination. For the medical students, a very small student to instructor ratio made the task of tackling upper extremity neuro-musculoskeletal anatomy a far more feasible task than in the previous year. Physical therapy students and faculty instructors worked with groups of 3-4 medical students to learn surface anatomy. In the gross anatomy lab, two physical therapy students and one faculty member worked with groups of 12 medical students to study prosected specimens and consider the physical examination process. Physical thera-

py students acted out case-studies and mock physical exams. Medical students then conducted the physical examinations, and became engaged in the diagnostic puzzle that must be solved with every patient presenting with musculoskeletal discomfort.

This interdepartmental project was simply intended to help the medical students learn the anatomy of the upper limbs. However, the benefits of the experience far exceeded anyone's expectation. Medical students learned a very functional application of anatomy, physical therapy students polished off their skills as clinicians and educators, and both parties were able to experience an interdisciplinary approach to patient-care.

Additionally, the medical students were introduced to the ways in which they can utilize physical therapy services for their future patients. Upon completion of the prologue, Topp said, "The experiment appears to have been a huge success; medical anatomy can be taught in a very functional approach. The medical students at UCSF are some of the best in the country, as are the PT students, and the two groups have learned that their disciplines can bring their individual expertise together to solve clinical problems".

Needless to say, both parties benefited from this endeavor to learn from each other and to better grasp the anatomy of the human body — a symbiosis among students.

*Michelle Foosaner is a second-year physical therapy student.*

## School of Pharmacy Ranks #1 in Survey

From UCSF Today

The UCSF School of Pharmacy is ranked as the top in the United States, according to a survey that weighed key criteria, including funding for research and the frequency of scientific publications by faculty, that are not considered in other rankings.

The survey, published recently in *The Annals of Pharmacotherapy*, sought to expand on the widely promoted *US News and World Report* rankings, which are subjective ratings based on perception. The new survey combined perception rankings with quantitative rankings based on National Institutes of Health (NIH) funding and the number of publications generated.

The UCSF School of Pharmacy, which was rated number one the last time (1996) *US News and World Report* analyzed pharmacy schools, had the top overall ranking in the new survey. It ranked as the best in all three survey categories — perception, funding and publications.

The top five ranked pharmacy schools were UCSF, Purdue University, University of Texas, Ohio State University and University of Michigan.

"The most publicized national measures of success in higher education have often been tied to perception alone," said Mary Anne Koda-Kimble, PharmD, dean of the School of Pharmacy. "Without a doubt, what others 'think' about a school such as ours is important. But exceptional reputations can't be sustained without substance. That's why I'm so pleased with this latest ranking survey."

"It looks not just at perception, but at quantitative measures such as extramural research funding and research citations," she said. "The survey is not perfect, but it's a good start in the right direction."

For daily news updates about UCSF, check out *UCSF Today* at [www.ucsf.edu/today](http://www.ucsf.edu/today).

## Department of Pediatrics Awards Excellence in Pediatric Clerkship

This award was conceived as a means to acknowledge the tremendous challenge and incredibly hard work that characterize the core clerkship year for UCSF students.

Inaugurated in 1993, the criteria for this award were defined to reflect and honor the lifelong career and dedication of Dr. Moses Grossman, who was then retiring as Chief of Pediatrics at San Francisco General Hospital. The award thus recognizes the student whose clerkship performance best demonstrates:

excellence in knowledge base; clinical skills development and learning habits; capacity to work constructively with children, and their families, from diverse backgrounds and in challenging situations; prioritizing the primary care aspect of patient care; appreciation for the healthcare team; focus on the importance of child advocacy, particularly for the underserved; leadership, maturity, and generosity of spirit.

The recipient this year was Erica Wilson.

Recipients over the past 9 years include: Tiffany Glasgow, Ellen Bledsoe, Olivia Lang, Caroline Song, Kori Flower, Julian Davies, Michelle Dariyanani, Kimberly Pothier and Edward Sepe. The award, which also carries a modest monetary prize, was presented at Pediatric Grand Rounds in mid-October.

Each year, additional clerkship students are commended for outstanding performance from each of the Core Clerkship sites. This year, other nominees for this award included: Kevin Dean, Matthew Harms, Lydia Siegel, Brian Worden and Molly Yancovitz.



## Governor's Race ...

from page 1

were married on February 20, 1983, in Los Angeles

### Simon

After leaving law school, Simon worked as a lawyer with the prestigious firm of Davis, Markel, Dwyer & Edwards. His respect for the rule of law blossomed when he subsequently served as Assistant United States Attorney for the Southern District of New York. While prosecuting cases, Simon had the privilege of working under then-U.S. Attorney Rudolph Giuliani. He also served with former Governor George Deukmejian on the Board of Directors for the Criminal Justice Legal Foundation.

As a businessman, Bill Simon co-founded the private investment firm of William E. Simon & Sons in 1988. The firm's investments include PAXTV, a family-friendly broadcast network free of graphic violence, sex and inappropriate language.

His wife, Cindy and his children, Cary, William, Lindsay and Griffith, consider the blessings of family and faith to be of the highest importance.

### HEALTH CARE

#### Davis

Healthy Families Program (HFP) – continue to increase enrollment with program changes and enhancements included: simplified application process, expanded eligibility, increased funding, coverage for parents, and expanded outreach.

Reforming HMO'S – enacted into law 21 bills giving Californians new health care rights, ensuring that HMOs put patients first, established the Department of Managed Care, the first state agency in the nation devoted solely to improving the managed health care system.

Primary Care and Family Health – made significant investments in effective teen pregnancy prevention efforts as the Community Challenge Grant Program, the Adolescent Family Life Program, and the Partnership for Responsible Parenting media campaign.

Cracking Down on MEDI-CAL Fraud – established the Medi-Cal Fraud Prevention Bureau in California to cease corruption in the system.

Cancer Treatments – established a new Breast Cancer Treatment Program for low-income, uninsured individuals, started a complementary Prostate Cancer Treatment Program, and expanded coverage to include cervical cancer.

HIV/AIDS – funded HIV/AIDS research and treatment at its highest level ever – \$2.1 billion over three years; signed legislation that allows workers with HIV/AIDS to return to work without losing medical coverage; and fully funded the AIDS Drug Assistance Program.

Reducing Tobacco Use – signed bills to ensure that our tough anti-tobacco laws are being enforced.

### Simon

Patients who wish only to purchase catastrophic health coverage should be allowed to do so.

Tax incentives in the system that promote only employer-based care



Republican Bill Simon

need to be readdressed.

Explore market-based, tax incentive systems, especially Medical Savings Accounts.

Provide physicians with tax incentives to serve the needy.

Restore the doctor-patient relationship. Accountants, lawyers and politicians should not meddle with this special bond. Whether it is medical savings accounts for employer-provided care, tax credits for the individual purchaser of health care, or health care vouchers for the indigent and working poor rather than a massive government health care bureaucracy, a new system must be created to reconnect doctors and patients. These programs would allow and empower individuals to seek the care that is right for them.

### EDUCATION

#### Davis

Launched new programs to extend access and increase accountability in California's public colleges and universities, signed into law a \$1.2 billion program guaranteeing financial aid to any needy student who maintains a B average in high school.

Allocated more than \$577 million for Performance Awards for schools that show significant improvement from the previous year and another \$148 million will assist underachieving schools in improving student achievement.

Attracted quality teachers through "CalTeach," a \$9 million recruitment initiative, with housing subsidies and signing bonuses.

Committed \$1.83 billion toward providing opportunities in higher education. The historic expansion of the Cal Grant program is just one of several new programs that make college more affordable and available to California students.

Reduced student fees at UC and holding the line on fees at CSU at 1997-98 levels keeps college costs down, in addition to a lowered fee for community college students.

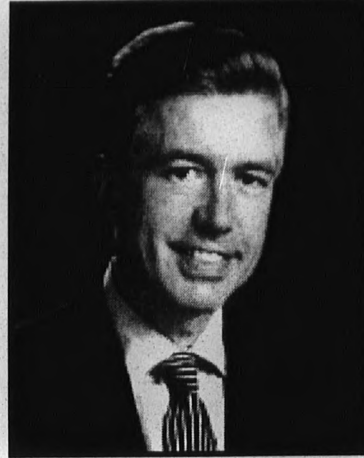
Established new facilities and online classes for 714,000 new students at locations including UC Merced, CSU Stockton Center and CSU Channel Islands.

### Simon

Requires every school develop its own comprehensive educational plan – not a plan dictated by Sacramento.

Consolidates 51 "categorical programs" down to five, to eliminate overlapping.

Ensures state funding for charter schools, and eliminating the ceiling on



Governor Gray Davis

the maximum number of charter schools per district.

Continues efforts to reduce classroom size.

Requires school districts be no larger than 60,000 students.

Cuts state and district bureaucracies and empower local schools, teachers and parents to determine the best educational program for them. Every school should be held accountable for its results, and schools that fail to improve should get help but also face consequences.

Raises standards and work to make sure every student can read, write, and speak English.

Revitalizes our school facilities and better use school campuses and centers of the community.

### ECONOMY

#### Davis

Assists California's economy by making investments in education and technology, job training, tax incentives, and tax relief:

Provides tax relief for California businesses, eliminating the Minimum Franchise Tax for the first two years of incorporation, making the capital gains exclusion for small business stock permanent, signing legislation to expand inner-city Enterprise Zones, which provide sales tax credits for impoverished areas for the purchase of manufacturing equipment and hiring employees, consistently opposing new taxes on the internet.

Proposed and created four world-class UC Institutes for Science and Innovation to expand California's role as the leader in technological invention; promote economic growth at the local level, creating more than 12,000 new jobs; help rural communities bridge the digital divide; help small high-tech companies bring their products to market.

Concentrates on job training, employee recruitment, tuition assistance, career counseling, and job placement services for the California workforce by launching initiatives to recruit and train health care workers for the health care industry and to address California's growing nursing shortage.

### Simon

Improve the business climate by eliminating the reasons that cause employers to take jobs outside of California – including high workers' compensation costs, frivolous lawsuits, and state laws that impose undue regulations and red tape on employers.

Work with the legislature to cut taxes that will stimulate the economy,

including reducing the tax on capital gains to a maximum of 5 percent, and completely eliminate the capital gains tax on investments in inner cities which hire workers from these communities.

Fix the state budget mess and pass an economic stimulus measure to help create new jobs. Job creation benefits all – our economy, our state revenues, and the people of California.

Support strong business and accounting ethics reforms to make sure people can have faith in the companies they invest in.

### BUDGET

#### Davis

Increases in the Net Operating Loss (NOL) Carry Forward will save businesses an estimated \$745 million over the next ten years.

Research and Development Tax Credits will save businesses an estimated \$182 million over the next five years.

California students pursuing an advanced degree will collectively save \$10 million per year over the next five years through the Graduate Tuition Assistance Personal Income Tax Exemption.

### Simon

Re-examine every pet project and program that has ever been enacted; and next, to pare the bloated bureaucracy down to a minimum.

End the wasteful system of funding local school districts and local governments through a series of complex formulas carrying with them inflexible rules and controls.

Establish a working capital reserve to help balance out our volatile revenue swings and keep a separate reserve for the usual emergencies the state normally experiences.

For information on other candidates, visit the following Web sites:

Independent Party – Reinhold Gulke – [www.aipca.org](http://www.aipca.org)

Libertarian Party – Gary David Copeland –

[www.lpwolfpack.net/copeland/](http://www.lpwolfpack.net/copeland/)

Green Party – Peter Miguel Camejo – [www.vote.camejo.org](http://www.vote.camejo.org)

Natural Law Party – Iris Adam – [www.natural-law.org](http://www.natural-law.org)

For information on Propositions on this year's ballot, visit the California General Election Web site at [www.ss.ca.gov](http://www.ss.ca.gov).

Katherine Vo is a third-year dental student and Synapse's political editor.



## Giants ...

from page 1

ninth. Those two victories when facing elimination remain the only such do-or-die wins in San Francisco Giants history. Whenever the team has faced elimination in the postseason since then, they have *always* lost.

- In 1971, '97, and 2000, the Giants were eliminated in the playoffs in undignified fashion, losing each series with defeats in three straight games. The fact that they managed to win the opening game of the series of '71 and 2000 only raised the hopes of fans, which were immediately dashed.

- Between 1971 and 1987, the team went through a dreadful drought, never reaching post-season and rarely even challenging in the division race. This stretch featured one season where the team lost 100 games.

- In 1987, the team suffered what had been their most painful loss until this year. Leading the National League Championship Series against the Cardinals three games to two, the Giants went back to St. Louis needing only one win to advance to the World Series. In a humiliating pair of games, the Giants not only lost, they failed to score a run in two shutout defeats that ended their season.

- In 1989, an earthquake shattered

the World Series. The Giants were equally shattered, losing in four straight to an Oakland club that was easily beaten by National League teams in the World Series of 1988 and '90.

Now Giants fans have a new horror to go along with past disasters, along with a growing realization that this is one of those teams, like the Cubs and Rex Sox, that will *never* win it all. And while the Red Sox losses always carry a tragic nobility and while the Cubs are lovable losers, the Giants have no redeeming value in defeat: They just lose.

Human memory being what it is, in time the pain will fade, and we will think more of the great run through the National League playoffs, of the victories over the Braves and Cardinals, and try not to think of the Disaster at Disneyland. And when we gather in our beautiful ballpark next summer, we again will cheer for the Giants.

But it's going to take awhile to get over this defeat. How appropriate that our favorite team's dominant color is black: For this franchise, the funeral is always lurking just around the corner.

## Study Habits ...

from page 1

dar is one way to plan out your precious hours. Schedule in time to study at least two subjects each day, and each subject three times a week. Include the trivial in your schedule, such as chores and breaks. Identify and write down your goals for each study session. Finally, discipline yourself to stick to your schedule.

### Retention and Understanding

Instead of memorizing and forgetting the info immediately after the midterm, how can one "learn" and retain?

The answer lies in Repetition. Skim material before each lecture to familiarize. During lecture, listen and understand rather than write frantically and miss the overall concepts. Finally, review your notes the same day while the material is still fresh in mind. Use "reps" (repeatedly stimulating your own recall of material) to build strength...just like in the gym!

Another key strategy stressed by Phelps is the use of "active" learning strategies, defined as anything that requires you to actively dredge up material from your memory. Active strategies include: writing down material in your own words from memory, explaining material to someone else, or creating a visual representation of concepts. Avoid "passive" learning strategies such as simple reading, highlighting and copying notes. None of these activities stimulate your mental recall.

### Working through 'Blocks'

'Blocks' are obstacles to effective studying. These include: procrastination, being overwhelmed, or lack of interest in the subject.

The first two blocks can be solved with scheduling and disciplining yourself to keep your schedule. If needed, break your scheduled goals into smaller, more achievable ones. As far as lack of interest, try associating yourself with a colleague who has passion for the subject. Ask him why he finds the

material fascinating. Use your imagination. Imagine how the seemingly boring information can be interesting and useful. Remember, "all knowledge is good knowledge!"

### Anticipation of Test Material

Pay attention to clues, such as when the instructor says something more than once, writes material on the board, pauses to review his notes, or asks a question of the class. Imagine that you are the professor...what questions would YOU ask? Make sure you know the answers to them.

### Conclusion

Adapting to the workload at UCSF is challenging, but the strategies listed above will help. Remember, you'll get better at it as you go along. Try not to compare yourself to others...most students find UCSF to be a very challenging place. Pay attention to the flyers in the halls advertising the Student Academic Enrichment Program seminars during lunch. They are brief and helpful. The SAEP Web site is: <http://student.ucsf.edu/enrich>

Brian Steele is a first-year dental student.

## Microbiology ...

from page 3

- By the way, this is one of the most common parasitic infections in America. It's also generally harmless.

- Microbiologists have a knack for comparing the pathology of disease to food. I would rather not know that some lung diseases cause tissue to look like cottage cheese, or make you cough up sputum that looks like currant jelly.

- What is currant jelly anyway?

- Cholera causes "rice-water stools" Enough said.

- Administration-pleasing statement of the week: I don't know how many medical students get Nobel Prize winners/Medical School chancellors to lecture them, but I feel really fortunate. Dr. Bishop is a great lecturer to top it off. Worth waking up for 8 a.m. lecture.

- Best place to study for a final: On the second floor of the library, suffering with my friends Wynnsen, Ed and John, aptly dubbed "The Second Floor Crew." Pathetic, but true.

- Worst time to study for a final: While trying to watch game 6 of the World Series.

- No microbiology course would be complete without showing pictures of men with 200 pound scrotums carrying themselves around in wheelbarrows.

- I've heard that super-sized scrotums are non-functional. What if...?

Alex Lee is a second-year medical student and the Editor-in-Chief of Synapse. He hopes that he scored 75% on this last exam, lest he re-learn everything in a few weeks.

## Beauty and the Beast ...

from page 5

when I say that Lorey shines artistically with both his voice and his movements. Sandwiched in between these fantastic slices of artistic excellence, good performances were turned in by the Beauty (Belle, Danyelle Bossardet) and the Beast (Grant Norman). No complaints from me about their performances; they were merely outshone by some of the other characters. Other supporting characters were all excellent.

Even though we know the story well since our younger years, it is always nice to escape from our responsibility filled, exam-laden lives to be somewhat of a kid again and put yourself in the shoes of some of these characters. Granted, a whole deal of skepticism that has been ingrained in us throughout our educations must be put aside to appreciate and accept this story. *Beauty and the Beast* is a story about overcoming obstacles (Beast having to deal with his hideous appearance), making sacrifices for

others (Belle giving herself to the Beast in exchange for her father's freedom), and changing oneself for the better (Beast learning how to give and therefore to love). But far and away the greatest message is to not let appearances fully determine your assessment of an individual. These valuable messages coupled with beautiful music and a lively cast is a formula for success and it makes you leave smiling and feeling good. *Beauty and the Beast* can certainly be great family fun, but can be entertaining no matter your age.

Alan Huang is a second-year medical student.

## Synapse Welcomes All Letters to The Editor

Please e-mail your reactions, comments, and thoughts to [synapse@itsa.ucsf.edu](mailto:synapse@itsa.ucsf.edu), fax to 502-4537, or mail to 500 Parnassus, MU West, Room 123, SF, CA 94143-0376. We look forward to hearing from you! (Letters may be edited for brevity.)



**UCSF**  
*think before you throw*



Place your beverage containers  
in here for recycling

University of California  
**UCSF**  
Partners Management  
Recycling Program

## Helpful Hallway

Beyond the double doors to the left of Palio's in Millberry Union West is a helpful hallway. Here you can find the Student Activity Center and the Office of Student Relations.

The campus Housing Office also is located here, and maintains bulletin boards along the hall's wall with up-to-date housing information.

In addition, job openings and child care positions at UCSF are posted in the hallway. Drop by and browse...

## classifieds

**Natural Dead Sea Skin Care  
Beauty and Bath Products**  
[www.laCureBeauty.com](http://www.laCureBeauty.com).  
Indulge your body. Soothe your soul.

**Campus Fundraisers  
Fraternalities - Sororities - Clubs -  
Student Groups.**  
Earn \$1,000 to \$2,000 this semester with a proven campus fundraiser 3 hour fundraising event. Our programs make fundraising easy with no risks. Fundraising dates are filling quickly, so get with the program! It works. Contact Campus Fundraiser (888) 923 - 3238, or visit [www.campusfundraiser.com](http://www.campusfundraiser.com)

**Childcare/Babysitter  
Experienced Childcare/Babysitter  
Wanted**  
Adorable 18 month old boy and newborn. Pacific Heights. Up to 35 hrs/week. \$14/hour. Call Nancy (650) 868 - 9760.

**Smile Choice Dental Plan**  
(includes cosmetic) \$69.00 per year. SAVE 30-60%. Call 1-800-655-3225 or [www.studentdental.com](http://www.studentdental.com) or [www.goldenwestdental.com](http://www.goldenwestdental.com)

**UCSF Research Study**  
Researchers at UCSF are conducting a study to test a new vaccine strategy for preventing cytomegalovirus (CMV) infection. CMV is a common, but usually asymptomatic, viral infection that can cause serious disease in people with weak immune systems and in children whose mothers first get exposed to CMV while pregnant. This study will investigate a CMV vaccine combined

with interleukin-12 (a naturally occurring protein that may enhance the body's immune response to the vaccine). Men who are healthy, HIV negative and between 18 and 45 years old are eligible to participate. Participants will be paid \$50 per study visit, after the initial screening visit plus an additional \$200 for completing the one-year study. Call (415) 476-4082 ext 136 for more information.

**Want To Own A Home/Condominium?  
Investment Property?**  
Contact:  
Kiran LaL  
Broker Associate  
Coldwell Banker R.E.  
(415) 242 - 1838  
(415) 682 - 6670  
(650) 761 - 9262

Beautiful Home - Sunnyside  
New kitchen, bath, yard \$429K

Sunset: 4 bedrooms, 1 1/2 baths,  
Garage, yard - like new, walk to  
UCSF, asking \$959K

Sunset: Beautiful, Full 5 home with  
apartment down, garage, yard \$699K

Contractor's special - near USF \$599K

Investment units in prime locale -  
\$1.5 M

YES U CAN OWN your own home -  
Call for a free consultation today.  
The interests are low - do NOT wait -  
Call 2day!!!

# BECOME ONE OF AMERICA'S HEALTH CARE HEROES

**Consider a scholarship that helps you bring health care to a community in need.**

Ever thought about a career that gives you the chance to make a lasting difference in America's neediest communities? Then think about joining the National Health Service Corps (NHSC), and make a commitment to practicing primary care in an underserved area after completing your training.

For 30 years, we've been leading the way to expand access to health care for vulnerable populations living in the Nation's most underserved areas.

Right now, we're offering scholarship opportunities to dedicated primary care students who can join us in our mission. You may be eligible for an NHSC scholarship if you:

- Are planning a career in primary care
- Want to work in a community with children and adults who desperately need you
- Are interested in belonging to a group that shares your commitment and passion for helping others

*Scholarships cover tuition, a monthly stipend, and other educational expenses.*

### DECIDE IF A CAREER WITH THE NHSC IS RIGHT FOR YOU

We have NHSC campus-based Ambassadors around the country who will be happy to discuss this fantastic career opportunity with you. Call 1-800-221-9393 or visit our Web site to find out if there is an NHSC Ambassador on your campus.



AMERICA'S HEALTH CARE HEROES



**Great Rental Hall!**  
Lodge Atmosphere, Fireplace, Stage,  
Off-Street parking, Catering, Kitchen

Ideal for all celebrations, business  
workshops, family gatherings, weddings  
& commitments, and religious ceremonies

350 O'Shaughnessy Blvd at Del Vale  
415-281-0892 miralomapark.org

## News of UCSF

A daily update of news about UCSF, from  
scientific discoveries to goings-on about  
campus, is available from *UCSF Today*.  
Check it out at [www.ucsf.edu/today](http://www.ucsf.edu/today)

## FLU SHOTS!

**NO WAITING IN LINE  
AT PASSPORT HEALTH**

*Your time is valuable so don't wait  
in line for your flu shot this year!*



**PASSPORT HEALTH®**  
First Class Medical Care For Travel Anywhere

Make your appointment today!  
**(415) 461-2866**

Hours:

By appointment: Tu/Thu 8:30-5

Drop-In: Fridays 10-3

350 Parnassus Ave., Suite 501, San Francisco

Open to the general public! Discounts offered to the UCSF Community!



## FREE Yoga Open House Sunday Nov 3rd

10:30 yoga class  
12:00 lunch  
1:00 lecture/demonstration  
4:00 yoga class  
6:00 meditation



**Sivananda YOGALife Center**

*A Complete & Classical Approach to Yoga*

1200 Arguello Blvd. - 1 block from UC

(415) 681-2731 - [www.sivananda.org/sf](http://www.sivananda.org/sf)

**ALSO Free Yoga Class every Wednesday 6 pm!**



## Postdoctoral Teaching Fellow Program

The Postdoctoral Teaching Fellow Program, a three-semester program  
jointly implemented by San Francisco State University and the University  
of California, San Francisco, prepares postdoctoral scholars for success  
in an academic position at a comprehensive or research university. Five  
postdoctoral scholars are selected each semester. The Spring 2003  
through Spring 2004 cohort begins approximately January 15, 2003.

Program components include an extensive college teaching course, a  
faculty-mentored teaching practicum, and professional development  
workshops.

For more information and to download an application, please go to:

<http://www.sfsu.edu/~ptf>

OR

e-mail: [postdocs@saa.ucsf.edu](mailto:postdocs@saa.ucsf.edu)

phone: 415/514-3510

**The application deadline is December 3rd**

Hosted by the UCSF Graduate Division and funded by a grant from the US Dept. of Education,  
Funds for the Improvement of Post Secondary Education (FIPSE)

*Preparing postdocs for a teaching career in academia*

## Special Education Teachers

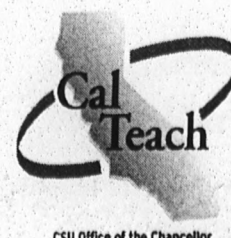


# Make the difference

**For more information**  
on becoming a teacher, contact  
CalTeach – your one-stop  
information, recruitment and  
referral service for individuals  
considering or pursuing a  
teaching career.

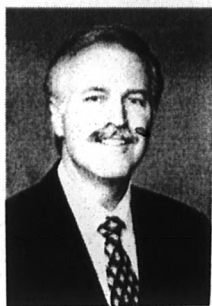
CalTeach can help you explore  
this exciting career, provide  
information about current  
incentives and benefits, assist  
you in understanding the  
credentialing process and, once  
you become credentialed, direct  
you to the teacher recruitment  
centers for job placements.

**Make the difference  
of a lifetime. Teach.**  
Call 1-888-CALTEACH  
(225-8322) or visit  
[www.calteach.com](http://www.calteach.com)



CSU Office of the Chancellor





### John K. Beeson, CFP, MBA

*Fee-Only Financial Planner*

- Former UCSF Director of Financial Planning and Benefits.
- Consultations at UCSF and Petaluma office
- Specific and objective investment recommendations
- Expertise in UC retirement and benefit programs

707.762.1902 jkbeeson@attbi.com  
www.acadfinancialplans.com

## Great Highway Inn



- Ocean views
- Public transportation nearby, with easy access to Pac Bell Park
- Shuttle Service to UCSF Medical Center
- Free Parking for Patrons

415-731-6644 \* Fax 415-731-5309  
Toll Free 1 - (800) 624 - 6644  
www.greathwy.com

### Laddas Thai Dinner House Seaview Coffee Shop

Adjacent to Great Highway Inn  
Room Service Available  
1234 Great Highway, SF

Food - To - Go / Free Delivery  
with minimum purchase

Phone: (415) 665 - 0185

Breakfast, Lunch and Catering

**PALIO**  
PANINOTECA

Coffee

Pastries

Pasta

Salads

Panini

Italian sandwiches

And More

Monday - Thursday 7 a.m. - 5 p.m. Friday 7 a.m. - 4 p.m.

500 Parnassus Avenue Tel: 681-9925



*We carry Blenko vases*

## YOU SEE FLOWERS

Garden style arrangements for weddings, special occasions and everyday.

Proceeds from Millberry Vendors Support Campus Life Programs for the UCSF Community.

**UCSF**

University of California  
San Francisco

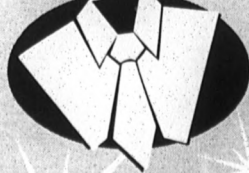
Hours: Monday-Friday 9am - 5pm • Millberry Plaza, 500 Parnassus Ave • 476-2898

- Dry cleaning
- Finished laundry
- Expert alterations
- Wash and fold
- Draperies
- Ski garments
- Leather and suede cleaning

Millberry Union I Level  
Open Monday - Friday, 7 a.m. - 6 p.m.  
Closed Sat. Sun. and University holidays  
415-50-CLEAN

**UCSF**  
University of California  
San Francisco

**DANNY'S  
CLEANERS**



**15% off**

**Dry Cleaning only**  
limited to new customers only  
Expires 12/01/02

## Visual Development Studies at Smith-Kettlewell

Scientists and eye physicians at The Smith-Kettlewell Eye Research Institute are studying visual development in adults and children. People with amblyopia, sometimes referred to as "lazy eye," and people with strabismus (misaligned eyes) may be eligible to participate in the study. The research is being conducted by Dr. William Good and Dr. Anthony M. Norcia.

Participation is totally voluntary and involves measuring visual function by placing sensors on the back of the head (Visual Evoked Potential). This test is not invasive and measures the brain's response to visual targets. In another study, you may be asked to tell us when you see certain visual targets. We pay research subjects \$20.00 per hour for their participation in these studies to help compensate for travel-related expenses.

If you wish to participate you may contact Lisa Young at 345-2075.

Smith-Kettlewell is located at 2318 Fillmore St., San Francisco 94115.

## RELOCATING TO MISSION BAY?

Great 3-Level Lofts for Sale  
on the Central Waterfront

- Select Bay Views
- 1320-2600 Square Feet
- 2 Bathrooms
- All Appliances
- In Concrete Floor Radiant Heat
- High Speed Data Wiring
- Security System Pre-Wire
- Garage Parking
- Walk to UCSF Mission Bay Campus

**\$449,000 and up**  
1320-2600 Square Feet  
*Select Lofts for Lease*

**Open Every Saturday & Sunday**  
**1-4pm**  
and by appointment

**McGuire Real Estate**  
**Dee Sala 415.296.2140**  
View at [www.2002thirdst.com](http://www.2002thirdst.com)

# Linkin Park has one.

**join the band. become a cpa.**

Listen up! Today's best career riff is C-P-A — that's Certified Public Accountant. CPAs keep the beat of business and finance and that's what you'll do too if you go for it. Think about it. Talk to your adviser. Or call your campus accounting fraternity, Beta Alpha Psi, at 415-422-6685 and ask for David Weiner.

Check us out at [www.calcpa.org](http://www.calcpa.org). We have info on scholarships, career choices and even landing a job.

Jam to the tune of a great career — become a CPA.



California Certified Public  
Society Accountants