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SynapseThe UCSF Student Newspaper

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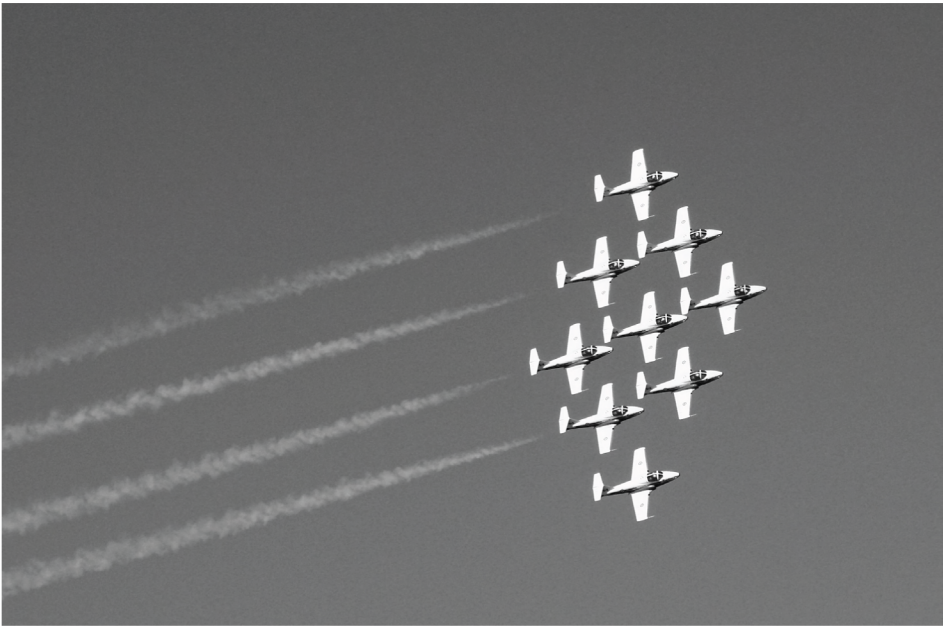


Photo by Mason Tran

**Up in the Air.** The Bay Area celebrated Fleet Week on the weekend of October 8-9. In addition to an air show by the U.S. Navy’s Blue Angels, Canada’s fancy flyers, the Snowbirds, also wowed spectators with their precision aerial maneuvers.

The Best Spot to Spot an Otter

Alana Ju  
Staff Writer

Throughout the year, tourists flock to seaside Monterey to visit its world-famous aquarium and try to catch a glimpse of its famous resident sea otters.

marine invertebrates when the feed, which makes them part of an elite group of mammals that know how to skillfully manipulate tools. Female sea otters keep their newborn babies resting on top of

Otters are incredibly smart and social creatures. They use rocks to crack open

OTTERS » PAGE 5



Photo by Alana Ju

**Listening to Mom.** A mother teaches her pup how to forage for sea urchins off a beach in Monterey.

Foster Interprofessional Interaction with a New Student Lounge

Bryan Ausink  
Staff Writer

The Interprofessional Education Day events took place recently and new links were formed between individuals of different schools. The question now is where these individuals have the necessary interaction to develop strong interprofessional relationships to work well in teams and provide the patient-centered care that the Institute of Medicine has been advocating for the last eleven years? Will these bonds strengthen on internet forums, in the library, computer lab, lunch line or an elective class, or must they wait a year or so for the next interprofessional event? Without such interaction many fragile ties will be lost.

But are the quiet and asocial environs of the library and the computer lab fertile ground for new growth? Nay. And are students who are already overwhelmed with their coursework brave enough to commit time to an extracurricular activity to meet people outside their academic silo? Indeed, few are. A warm day in September draws students into Koret quad only to be rewarded with wet pants and chased in by fog the next day. So where could such interaction occur?

What this campus needs in order to graduate a generation of truly interprofessional

health-care practitioners is an interprofessional student lounge (IPSL). The School of Medicine has its lounge, Dentistry has their kitchen, Nursing has two lounges, Pharmacy has some shindig on the eleventh floor which I have never seen and physical therapy has no place to call their own. Currently these places are physical barriers to interprofessional interaction and whether they are replaced with one grand glorious interprofessional student lounge or are simply supplemented by it, the outcome would be an increase in interaction between students of different schools that would complement the interprofessional efforts already in place. Ideally this lounge would be located on the rooftop of the Medical Sciences Building with large windows and a view of the city above the fog with a greenhouse, sofas, a full kitchen for interprofessional cooking classes and a direct elevator for rapid access. But if the above described location cannot be accommodated by the recent student fee increases, then the soon-to-be-closed University Store in Millberry, or even the Golden Gate Room would do just fine. A few plants, sofas and a kitchenette with a hot water dispenser would fit the bill. It would not be a place to sit in front of

STUDENT LOUNGE » PAGE 6

Update on UCSF Stores’ Closing

Campus Life Services

Here’s an update regarding the closure of the University and Technology Stores:

**University Store at Genentech Hall, Mission Bay**  
The University Store located in Genentech Hall at the Mission Bay Campus closed on September 30 to facilitate the shutting

down of the University Stores operations by October 31.

**Grab Ćn Go at Mission Bay**  
Café 24 (second floor, Genentech Hall) is expanding its menu offerings to include

BOOKSTORE » PAGE 5



# Events »

## DOG DAYS OF OCTOBER ARE BACK!

Fridays, October 7, 14, 21, 28, noon-2 p.m., Millberry Union West, 111, Parnassus & Student Resource Center, Mission Bay  
Take time to unwind with the visiting dogs from Animal Assisted Therapy. There will be a new dog and a different focus every Friday to add to your well-being and success at UCSF!

## CMDA BAY AREA STUDENT AND RESIDENT CONFERENCE

Saturday, October 15, 9 a.m.-4 p.m., N 217, Parnassus  
Join fellow health professional students and residents from UCSF, UC Davis, Touro, Stanford, and UOP for the annual fall CMDA Bay Area Conference. Register for this event by emailing cmdawest@gmail.com. Include your name, email, and cell number. Cost: \$20 at the door (includes lunch, snacks and materials).

## NOE VALLEY HARVEST FESTIVAL 2011

Saturday, October 15, 10 a.m.-5 p.m., 24th St. between Church & Sanchez St., SF  
The 7th Annual Noe Valley Harvest Festival is a family-friendly affair scheduled this weekend near the farmers market. Expect a pumpkin patch, costume contest, hayrides, jumpy tents, arts and crafts, a balloon artist and more.

## 21ST ANNUAL POTRERO HILL FESTIVAL & STREET FAIR

Saturday, October 15, 11 a.m.-4:30 p.m., 20th between Wisconsin St. & Missouri St., SF  
The 21st Annual Potrero Hill Festival is back with another full day of food, performers and family-friendly fun. There will be a free street fair full of local merchants, arts & crafts, as well as talent contests, dance lessons, a performance by the traditional Chinese dancers and much more.

## FREE JAZZ CONCERT AT MISSION BAY

Saturday, October 15, noon-1:30 p.m., 5th & Berry St., Mission Bay  
Come and list to the final concert for the Jazz on the Overlook Series with SF-based swing band Stompy Jones.

## QB3-MHEALTH APP CONTEST

Saturday, October 15, 5 p.m., Contest Deadline  
Got an idea for a killer app? Bring it, QB3-mHealth will build it! Enter your game-changing, industry-shattering original ideas, and they work with you to develop the app and launch it. For more information, please visit <http://bit.ly/QB3Contest2011>

## BREATHE (MISSION BAY)

Monday, October 17, 12:10-12:50 p.m., Gen S 202, Mission Bay  
Take a break, breathe and get back on track with mindfulness meditation. Join SHCS for weekly drop-in mindfulness meditation sessions.

## OUTDOOR PROGRAMS TAHOE CABIN

Tuesday, October 18, 8 a.m., Millberry Fitness & Recreation Center, Parnassus  
Fifteen-person, two-bath, North Tahoe Cabin located near the best ski area around. Reservations begin October 18 at the Millberry Fitness & Recreation Center. Cost: \$349/Weekend & Holidays, \$300/Midweek. Questions? [kirk.mclaughlin@ucsf.edu](mailto:kirk.mclaughlin@ucsf.edu)

## CULTURAL COMPETENCE AND DIVERSITY — CLINICAL CASE CONSULTATION

Tuesday, October 18, 9:30-11 a.m., San Francisco General Hospital, 1001 Potrero Avenue, Room 7E12  
Celebrate diversity at SFGH Clinical Case Consultation with Harvard’s Dr. Margarita Alegría. She is the Director of the Center for Multicultural Mental Health Research at the Cambridge Health Alliance. Please RSVP to [gina.martinez@ucsf.edu](mailto:gina.martinez@ucsf.edu). Sponsors: Psychiatry Diversity Committee & SFGH Cultural Humility Task Force

## CULTURAL COMPETENCE AND DIVERSITY — TRAINEE CASE PRESENTATION

Tuesday, October 18, 2:30-4 p.m., Veterans Affairs Medical Center, 4150 Clement Street, Building 200, 1st Floor, Teak Room  
Celebrate diversity at VAMC Trainee Case Presentation with Harvard’s Dr. Margarita Alegría. She is the Director of the Center for Multicultural Mental Health Research at the Cambridge Health Alliance. Please RSVP to [gina.martinez@ucsf.edu](mailto:gina.martinez@ucsf.edu). Sponsors: Psychiatry Diversity Committee & SFGH Cultural Humility Task Force

## MISSION BAY FARMERS’ MARKET

Wednesday, October 19, 10 a.m.-2 p.m., Gene Friend Way Plaza, Mission Bay  
Fresh, mostly organic produce and community is gathering on Gene Friend Way! Enjoy.

## PARNASSUS FARMERS’ MARKET

Wednesday, October 19, 10 a.m.-3 p.m., ACC, 400 Parnassus  
Shop the Farmers’ Markets on Wednesdays to pick up locally grown produce and more!

## UCSF RUN CLUB

Wednesday, October 19, 5:30-6:30 p.m., Millberry Union Central Desk, Parnassus  
Please drop by and join UCSF Fit & Rec for a run! Each Wednesday night one of two routes will be run at a 9-11 minute per mile pace at various distances that are three-six miles each.

## MINORITY GRADUATE STUDENT ORGANIZATION DINNER FORUM

Wednesday, October 19, 6-8 p.m., Byers Hall Room 215, Mission Bay  
This month MGSO will discuss research findings indicating that black researchers are 10 percent less likely to get NIH funding than white investigators. Dinner provided. Please RSVP to [thomas.noriega@ucsf.edu](mailto:thomas.noriega@ucsf.edu).

## HEALTHY STEPS

Thursday, October 20, noon-1 p.m., RSVP for location details, Parnassus  
Achieve a healthy weight with a six-week program presented by Student Health’s Registered Dietitian. Learn more about nutrition, exercise and mindful eating in a supportive and confidential environment. Registration required by October 17. Free snacks provided! <http://studenthealth.ucsf.edu/healthysteps>

## NATIONAL HEALTH SERVICE CORP: CAREER OPPORTUNITIES

Thursday, October 20, noon-1 p.m., HSW 303, Parnassus  
Interested in underserved populations? Reps from Nat’l Health Service Corp and SF Community Clinic Consortium discuss loan forgiveness programs, student scholarship program & career opportunities: dentistry, primary care

and nurse pracs. in comm. clinics. Lunch provided! Please BYO Beverage. Sponsors: SFA, SAC, OCPD and MCRC

## THIRD ANNUAL PARTNERSHIPS CELEBRATION

Thursday, October 20, 5-7 p.m., Genentech Hall, Mission Bay  
The Excellence in Partnership awards are awarded to exemplary partnership projects between San Francisco communities and UCSF that build on each other’s strength to improve higher education, civic engagement and the overall health of communities. Part of Diversity Celebration at UCSF. Please register for this event [http://bit.ly/UCSF\\_Partnerships\\_RSVPby](http://bit.ly/UCSF_Partnerships_RSVPby) October 17. More info: [http://bit.ly/UCSF\\_Diversity](http://bit.ly/UCSF_Diversity)

## TRIVIA NIGHT: SIGN UP TODAY!

Thursday, October 20, 6:30-9 p.m., Millberry Union, Parnassus  
Get a team together and sign up for this popular battle of the brains. There is food. There are beverages. There is a competition. There are winners! What more could you ask for from the ASUC & GSA student governments.

## STUDENT OF COLOR DISCUSSION GROUP (MISSION BAY)

Monday, October 24, noon-1 p.m., RSVP for location details, Mission Bay  
The Group is for students of color to build community and talk about their experiences at UCSF. More info: <http://studenthealth.ucsf.edu/wellness-programs-outreach/students-color>. Please RSVP [larry.lariosa@ucsf.edu](mailto:larry.lariosa@ucsf.edu). Repeats: 11/28

## TRANSGENDER HEALTH 101

Tuesday, October 25, noon-1 p.m., HSW 301, Parnassus  
Join noted transgender health expert Dr. Maddie Deutsch for an overview of the health needs of transgender patients young and old, including hormonal, surgical, and primary care. Sponsors: UCSF Center for LGBT Health & Equity as part of UCSF Diversity Celebration. More info: [http://bit.ly/UCSF\\_LGBT](http://bit.ly/UCSF_LGBT)

## STUDENT OF COLOR (PARNASSUS)

Wednesday, October 26, noon-1 p.m., RSVP for location details, Parnassus  
The Group is for students of color to build community and talk about their experiences at UCSF. More info: <http://studenthealth.ucsf.edu/wellness-programs-outreach/students-color>. Please RSVP [larry.lariosa@ucsf.edu](mailto:larry.lariosa@ucsf.edu). Repeats: 11/23

## WOMEN’S HEALTH DISCUSSION SERIES: EVERYTHING YOU NEED TO KNOW ABOUT PAP (WHO, WHEN, WHY)

Thursday, October 27, noon-1 p.m., TLC CL 215-216, Parnassus  
Student Health will feature three workshops about women’s health issues. Speakers include Susan Rosen, MD, and Alison Boden, MPH, RD.

## MUSIC BY PRUDENCE: 2010 OSCAR-WINNING FILM

Thursday, October 27, 12:15-1 p.m., SFGH  
This music sends a clear message of how the lives of us all, abled and disabled, are enriched when the barriers that separate us are broken down. There will be snacks! Part of Diversity Celebration at UCSF. More info: [http://bit.ly/UCSF\\_Diversity](http://bit.ly/UCSF_Diversity)

# Announcements »

## EARLE C. ANTHONY TRAVEL AWARD

Provides up to \$1,000 for travel expenses  
Eligibility Requirements:

- Registered PhD and DPTSc students who have advanced to candidacy
- In good academic standing with no outstanding fee balance
- Presenting a paper or poster at a professional meeting
- Students with fellowships providing a research budget or education allowance must expend those funds to be completely eligible

Applications are being accepted now! Questions? Contact Wendy Winkler at (415) 476-6031 or [wendy.winkler@ucsf.edu](mailto:wendy.winkler@ucsf.edu)  
Deadline: At least 10 business days in advance of the proposed departure date. <http://bit.ly/EarleCAnthonyAward>

## HACU ACCEPTING INTERNSHIP APPLICATIONS FOR 2011-12

The Hispanic Association of Colleges and Universities (HACU) is accepting online applications for its Internship Program for spring, summer & fall 2012. Online application and additional information is available online at [http://bit.ly/HACU\\_Internships](http://bit.ly/HACU_Internships)

## SCIENCE AND TECHNOLOGY LEADERSHIP ASSOCIATION: CALL FOR VOLUNTEERS

Get involved with an international network of future leaders in science and technology, in addition to world-class leadership training and the opportunity to join STeLA 2012 in Tokyo. Learn more: <http://bit.ly/STELAwebsite>.

## SAVE THE DATE FOR THE FIRST ANNUAL ALLIES FOR HEALTH CONFERENCE: WORKING TOGETHER TO PROMOTE HEALTH EQUITY

Saturday, November 5, 8 a.m.-5:30 p.m., Cole Hall, Parnassus  
Learn how to be an ally for health and minimize health care disparities, while challenging your basic assumptions about patient care outcomes. Receive one elective credit by registering for Special Issues in Healthcare, FCM 170.01E and attending the conference. Please register: [http://bit.ly/StuHealthEquAlliance\\_Registration](http://bit.ly/StuHealthEquAlliance_Registration)

# Classifieds »

## RETRO GLAM HEADSCARF

Wear a beautiful chiffon 20”x 60” headscarf in the Kelly Wrap, around the neck, or as a light wrap, and you’ll feel like a 60’s fashion icon! Available online at [www.ninisniche.etsy.com](http://www.ninisniche.etsy.com)

## MASSAGE AT YOUR DESK: PARNASSUS CAMPUS

GOT TENSION? Sitting at a computer all day? Back and neck muscles so tight they hurt? I can massage you at your desk. Massage activates the parasympathetic system to relax your muscles and release dopamine and serotonin. You will feel better. Call Jill Mitchell at 415-939-6760. Cost: 15 minutes for \$10

## SUNSET 76 AUTO REPAIR UCSF DISCOUNT

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Features »

Dispatches From the Beer Desert

Eric Pietras  
Contributing Writer

There is such a thing as a beer desert. It’s everywhere beer isn’t. The Great Central California Beer Desert, our state’s huge expanse, stretches from San Diego to San Francisco, and west through the Central Valley and Sierras.

Unlike the rich Bay Area craft-beer scene where breweries and beer bars seem to sit on every other block, a beer tour of The Desert would involve hundreds of miles of driving just to sample a few craft brews, and the consistency varies. What you find at these little oases is sometimes a great set of local beers, and sometimes just bad water. I recently traveled across this vast space, from Mammoth Lakes to Paso Robles, in search of *Sacchromyces*-based life. Should you decide to venture into the wilderness, here is a primer on where to go lift a pint, and where you’ll find the beer equivalent of tumbleweeds.

**Mammoth Brewing Company (Mammoth Lakes):** While a microbrewery in a ski resort town is not a terribly surprising find, Mammoth Brewing Co. is the only game in town – the entire county, for that matter – and fortunately you could do a lot worse. The beers are solid as a whole, with a good selection of well-crafted ales. Signature brews include the hoppy 395 (Double) IPA, which is good save for the gimmicky addition of ‘wild’ hops, whose contribution to the flavor is likely overshadowed by the heavy Amarillo and Millenium hop additions. The Real McCoy Amber and Double Nut Brown are also worthy pours from this brewery. As an extra nice touch, Mammoth also holds an annual bluegrass music festival on their premises every September. Currently no distribution to the Bay Area, but you can always take a growler home and see what the altitude change does to your beer (probably nothing).

**Indian Wells Brewing Company (Inyokern):** This brewpub stands literally in the middle of nowhere along Highway 14 at the foot of the Sierras. It’s just as well; the rows of shiny fermentation tanks in this brewery produce mediocre beer at best. Indian Wells distributes here via Whole Foods, but what comes from the bottles

seems uniformly disastrous, with a sharp mineral bite that might be a byproduct of poor water conditioning. Avoid.

**Pismo Brewing Company (Pismo Beach):** I held out some hope for this one. Good branding and web design, a brewery with shiny new tanks, a nice variety of beers and a brand-new tasting room in an underserved part of the coast. Unfortunately, Pismo is still working out a host of production kinks. The beers were uniformly thin and flavorless, and the hefeweizen and brown ale carried the sour taste indicative of an infected batch. You wouldn’t know based on the crowd at the bar happily downing pints of the above, but at least for now Pismo’s not worth the trip or the money if you’re looking for good beer. No distribution here thus far, which is just as well until the quality control improves markedly.

**Creekside Brewing Company (San Luis Obispo):** After two strikeouts, downtown San Luis Obispo’s Creekside was a welcome spot for a drink. In many ways an equivalent to San Francisco’s Magnolia, this brewpub specializes in interesting small-batch beers paired with a high-quality food program. The day’s tasting flight consisted of eight samples from the brewery as well as two guest beers. Highlights included a sour brown ale (intended as such), a solid pair of IPAs (one a double), and an excellent stout. Coupled with a frequently changing dinner menu and covered outdoor seating next to San Luis Obispo Creek, this place is worth a return trip. This brewery doesn’t distribute, though you can walk out with a growler full of your favorite.

**Central Coast Brewing Company (San Luis Obispo):** San Luis Obispo distinguishes itself nicely with a second solid brewery near downtown. Central Coast maintains a nice little bar tucked near the tanks for visitors, as well as a bottle collection that rivals Toronado’s. The offerings here are varied and consistently good; you get your usual blonde, red, pale and brown ales, plus a well-styled English

BEER » PAGE 6

Longtime UCSF Librarian Mosley Dies

Jaspal Sandhu  
Contributing Writer

Lee Mosley, medical librarian at UCSF from 1968-1983, passed away at his home in the Adams Point neighborhood of Oakland, California on Monday, September 12th, 2011 at age 90.

He was born Leaown Jackson Mosley, Jr. on May 4, 1921 in Springfield, Missouri, the only child of Leaown Jackson Mosley, a baker, and Ida Irene Robertson. Lee was a native of Cabool, Texas County, Missouri. His family moved from Missouri to Ukiah, California, where his father and mother worked for the state mental health institution. Lee joined the US Navy during World War II and served in a logistics

capacity in the South Pacific. Lee studied at the University of Southern California (USC), where he received his bachelor’s degree in 1949. He later served for the American Red Cross during the Korean War.

His career as medical librarian at the University of California, San Francisco lasted from April 1968 until his retirement in June 1983.

Lee was a lover of classical music and the performing arts, volunteering at the San

MOSLEY » PAGE 5

The Voice of My Childhood Abused Woman Symbolized Sri Lanka’s Pain

Jerome Atputhasingam  
Staff Writer

The woman who lived next door came out of her apartment only once during the eleven years I spent growing up in Sri Lanka. Both her husband and children locked her inside as they left for work and school. Often times, I would push my ear against my bedroom wall, trying to listen to the story of the woman caged within her own home.

Through the thin wall that separated us, I got to know her, not through words or touch, but through the air that carried our emotions back and forth. I learned that she got up at five to make lunch for her children, that she loved to cook chick curry at noon, and that she waited promptly by

VOICE » PAGE 5

Night Snow

Bai Juyi

*Shivering under the covers, pillow cold  
You look again at the glow from the window.  
A heavy snow falls through the night,  
Sometimes you hear it:  
Crack!  
Bamboo breaking*

夜雪 - 白居易  
已讶衾枕冷，复见窗户明。  
夜深知雪重，时闻折竹声。

Translation by Booth Haley

Synapse

The UCSF Student Newspaper

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About

Synapse is the UCSF student-run weekly newspaper which runs on Thursdays during the academic year and monthly during the summer. Synapse seeks to serve as a forum for the campus community. Articles and columns represent the views of the authors and not necessarily those of the Board of Publications or the University of California.

Submissions

Announcements and letters should be submitted six days before publication. All submissions can be either emailed or mailed. All material is subjected to editing.

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Reviews »

# Footloose Hits the Dance Floor One More Time

Oliver Ubeda  
Associate Editor

**F**ootloose, the original 1984 film is one of those classic films that shows up from time to time on TV and whose soundtrack has some great songs that still play on the radio today. I don't remember ever seeing the whole movie but caught parts of it here and there over the years.

I knew there was a remake in the works to be released this year, so I finally watched the entire original film on DVD about a couple of weeks before I saw the remake that comes out on October 14th. My wife

I got to see the movie and at the end of the movie a video message played from stars Kenny Wormald and Julianne Hough asking the audience to tweet them and Facebook about the movie. It is a one of the ways that social media is being used as a marketing tool nowadays. Paramount actually delayed the release of the film to pair up with the Home Shopping Network to make merchandise inspired by the new film available to purchase starting Wednesday October 12.



Publicity Photo

**Lawbreakers.** Teens dance the night away in the remake of *Footloose*.

knows that I enjoy movies a lot so she got me some advance screening passes. I went to see the new movie as part of a marketing campaign titled "Footloose Friday."

*Footloose* is the story of Ren McCormack (Kenny Wormald), a young city boy who

FOOTLOOSE » PAGE 5

# Take Shelter is a Tense, Efficient Psychological Drama

Eric Van Uffelen  
Contributing Writer

**T**he new film *Take Shelter* begins as a simple but intriguing character study of Curtis (Michael Shannon in an award-caliber performance), a blue-collar family man plagued by disturbing visions of a coming storm. It develops into an engrossing family drama and a commentary on how systemic socioeconomic problems can worsen the stigma of mental illness – all while the film builds a sense of measured dread and uncertainty as to what might happen. It's as if David Lynch and Terrence Malick were equal influences on writer/director Jeff Nichols.

Curtis at first keeps his nightmares and hallucinations private, seemingly out of embarrassment, or perhaps because they could be explained away by similar weather near his home in rural Ohio. As they persist and worsen, the film steadily develops how they affect Curtis in his relationships with

those close to him, including his wife, Samantha, (Jessica Chastain), their young daughter, Hannah (Tova Stewart), and his coworker and friend, Dewart (Shea Whigham).

Curtis gets a doghouse and a wire enclosure for the (inside) family dog because he dreamed it had attacked him, and he doesn't want his daughter to get hurt. Fair enough, though he doesn't offer any explanation to his wife. As Curtis starts to become more disturbed, and more emphatic in his need to take preventative measures – cleaning out and improving upon the house's storm shelter – he needs to give some indication to those around him, but he's still hesitant. This is when Curtis begins to seek help (again, privately), and the film reveals that it might not only be embarrassment or

TAKE SHELTER » PAGE 6

Puzzles »

### The Weekly Crossword

by Margie E. Burke

ACROSS

1

Trendy sandwich

5

Pig in movies

9

Frequently

14

Fabled race loser

15

Notion

16

Show to be so

17

Glade target

18

Looking astonished

20

ABBA musical, "\_\_\_\_ Mial"

22

Give the slip

23

Precipitation

26

Medic or legal starter

30

Workshop item

31

China clay

33

Poker winnings

36

Run at the mouth

39

Took the wheel

40

Occasionally

43

Like some sentences

44

Handbill

45

Museum piece, perhaps

46

Storage place

48

Large pitcher

50

\_\_\_\_ and now

51

Despondent

56

Brown songbirds

58

Flatware piece

60

Assigning, as to a position

65

Confident

66

"Deck the Halls", e.g.

67

Dutch cheese

68

Quite a while

69

Wear away

70

Landlord's due

DOWN

1

"For \_\_\_\_ the Bell Tolls"

2

Clerk on "M\*A\*S\*H"

3

Pleasant smell

4

Builder's need, often

5

Tom Hanks flick from 1988

6

Big commotion

7

Father, biblically

8

Scout rank

9

Pundit's page

10

L.L. Bean's town

11

Happy Meal extra

12

She raised Cain

13

Homer Simpson's neighbor

19

Lie in wait

21

Pain reliever

24

Tattered

25

Standoffish

27

Hilo greeting

28

Colorado, for one

29

Concerning, old-style

32

Envelope information

33

Bird feeder feature

34

Seed-to-be

35

Voice between alto and baritone

37

Friend of Pooh

38

Cake part

41

Guitar timber

42

Gingrich of politics

47

At that time

49

Lumber cutter

52

Frequently used key

53

Stage whisper

54

Smoker's ailment

55

"M\*A\*S\*H" setting

57

Stir up

59

Cozy spot

60

Royal flush card

61

Golfer's goal

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Con's counter

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One of the Bobbsey Twins

64

U.K. clock setting

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### SUDOKU

Edited by Margie E. Burke

Difficulty : Medium

1			5					2
	8			3		6		
	9				2		7	
3	5	6				8		
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4				2		3		
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Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

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Otters

» FROM HOME PAGE

them for most of the day and tether them to nearby kelp beds when they dive down to forage.

I spent the summer before my senior year of college working as a sea otter researcher with the Monterey Bay Aquarium’s SORAC (Sea Otter Research and Conservation) program. My job was to drive up and down the central coast looking for sea otters and listening for their radio transmitter signals. In my opinion, the best place for people to see sea otters reliably and easily is not in Carmel or Monterey but at a place called Elkhorn Slough.

Elkhorn Slough is located approximately halfway between Santa Cruz and Monterey (you can find detailed directions online). There are dozens of otters living there year round. You can see “rafts” of young male sea otters practically floating on top of each other as well as sea otters sleeping, grooming and looking for food.

There are a few kayaking companies that offer guided and unguided rentals right on the shore of the slough, so you can explore the preserve in a fun and interactive way. Whenever you go looking for sea otters, make sure to bring a good pair of binoculars and some sunscreen.

Alana Ju is a second-year medical student.

Read *Synapse* Online

Voice

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the door at three to welcome her children home. She would say her prayers at exactly four and would start dinner at six.

Though her day was structured, her night was unpredictable. It depended completely on the emotional mindset of her husband. In nights that she was particularly nervous, I would hear her walk up and down her living room frantically. And then at eight, when she heard her husband’s keys rattling at the door, her whole house would fall silent.

Many days, her beating started exactly at eight. The leather belt slashed across her body as she begged for him to stop. She tried tirelessly to hold her pain yet I could hear her body crumble under the bloody abuse. Her cry vibrated the thin walls that separated us and as she cried I found my voice in her. She cried for the child in me that was too afraid to speak up. She cried for the country oppressed by its own government. Above all, she cried for a people silenced, abused, scarred by a ravaging war.

Sri Lanka was in the middle of a civil war throughout my childhood. War, I learned, broke all rules. It splintered families, destroyed homes, played with your psyche, and even questioned your humanity. The ability for this woman to cry was sometimes the only thing that reminded me that I am still human and that I still had the ability to feel. In Sri Lanka, abuse was the norm and not the exception. Everyone was abused in some way or form either by

Bookstore

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more grab ‘n go items including wraps, healthy sandwiches, salads, and rice bowls. Stop by Café 24 for a complete listing.

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being the abused or by being the abuser. It was the price to be alive.

Then came the day I finally saw the woman I had got to know through the walls. I got a glimpse of her burned face as her husband rushed her to the hospital. He had tried to set her hair on fire, but the fire had spread out of control to the rest of her body. As I watched her be escorted out of our apartment building, I desperately wanted to be older. I wished I had the power and authority to take her to safer place.

She returned home a month later, only to find her circumstance unchanged. And then, one Sunday morning, I heard her laugh for the first and last time. I have never forgotten the tone, the pitch, and the character of that one laugh. I often wonder what it was that made her laugh, but I might never really know the answer to that. However, her laugh has become a constant reminder that even in the midst of abuse, pain, and oppression, there is still something worth laughing about. It is still possible to believe in some good.

I immigrated to America shortly thereafter and when I returned a decade later this past June, I searched for the woman who had become the voice of my childhood. She was nowhere to be found. She had somehow disappeared within the four thin walls that caged her in.

To the woman who had taught me so much about being human, wherever she might be, may she have finally found the liberating force of freedom and the warmth of a genuine love.

Jerome Atputhasingam is a first-year medical student.

is temporarily on hold as we continue to work on a solution to recycle these items.

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Mosley

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Francisco Performing Arts Library and Museum in San Francisco. He was a dear friend to his poodles –Moussifer, Chloe, and Luke in the last fifteen years. Lee was a daily crossword puzzle enthusiast. When



he was just three years old, he would work on crosswords sitting in his physician grandfather’s lap while accompanying him on horse-and-buggy house calls. Lee continued to work on crosswords throughout his life, well past his 90th birthday.

He lived an active life, living independently, maintaining his physical health and intellectual acuity, and driving his car until the age of 89. Lee leaves behind a cousin in Ukiah. A remembrance for Lee was held by neighbors and friends in Adams Point on Sunday, September 18, 2011.

Oliver Ubeda is a second-year pharmacy student.

Footloose

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moves into a small town and finds out that music and dancing have been outlawed by the city council. The law is a result of a car accident where five of the town teens had been killed after a dance. The first day of school Ren meets Willard, a country boy and one of Ren’s classmates, and the two become good friends. Ren is a really a good kid who is trying his best to adjust to his new life and new school, but finds himself being misjudged as a rebel.

Ren tries to stay out of trouble but the town kids, including Ariel Moore (Julianne Hough, from Dancing with the Stars fame), the preacher’s daughter, drag him into trouble. Ariel is the sister of one of the teens that got killed in the car crash and her father is Reverend Shaw Moore (Dennis Quaid). He is the main reason that the no music and dancing law was enacted. Ariel deals with the sorrow of losing her brother and her father’s new overprotectiveness by acting out and spending time with her “bad boy” type boyfriend named Chuck. She is quickly intrigued by Ren, the new guy in town. Ariel’s interest for Ren gets her and Ren into trouble with Chuck and later with Reverend Moore. Ren really begins to like Ariel and treats her with respect and kindness.

Ariel realizes that it is time to stop her self-destructive behavior and find some happiness in her life despite her loss. Ren, along with his newfound friends, resolves to defy the law at the city council meeting so their senior class can have a prom. Despite the law, there is plenty of dancing and upbeat music in *Footloose*.

I personally wished I hadn’t seen the original before getting a chance to see this remake. The changes made to the new film are mostly subtle. One example is that Ren moves from Boston to Bomont instead of moving from Chicago as Kevin Bacon did in the original film. The movie however does a good job of filling in the scenes that in the original film were omitted or only partially shown. The remake also explains why there is a ban on dancing and does so at the beginning of the movie. This sets the movie’s tone and helps the audience better understand the mental and emotional state of the town when Ren arrives. The remake also makes an important change in the reason Ren has to move to Bomont with his aunt and uncle and that makes the conversation with Reverend Shaw at the end of the movie more poignant and powerful.

The movie has four of the original soundtrack songs remade, including the title song “Footloose” and “Let’s hear it for the boy” as well as eight new songs. The shoes, the clothes, the music, the dancing of the new *Footloose* pay homage to the original and attempt to bring a classic coming of age story to a new generation. The scenes where Ren teaches Willard how to dance to “Let’s hear it for the boy” are some of the most fun sequences in both movies.

If you have never seen *Footloose* this will be a fun movie to watch about good teenagers fighting for their right to dance. However, if you saw the original then don’t expect too many surprises because this is almost a scene-by-scene retelling of the original film.



# Articles *continued* »

## Student Lounge

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a computer and drill down further in one’s own discipline but rather a place to stop by for a few minutes for a cup of tea and a conversation with new friends away from the din of people and pigeons in the food court and from the tunnel vision of one’s own field.

#### Potential Benefits of IPSL

- Foster interprofessional interaction.
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- Help new students feel at home on campus.
- Potential Drawbacks of IPSL(with solutions)
- Infiltration by vagabonds and miscreants. This could be easily averted with a key card access system similar to the 24 hour access in the library.
  - Infiltration by vermin feeding on crumbs spilled during exuberant interprofessional discussion of socioeconomic disparities in health outcomes. Current tuition should cover this although the most indebted students may be compelled to eat the crumbs to stave off starvation.

Bryan Ausink is a third year physical therapy student.

## Beer

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IPA that properly refrains from the intense hop character of its West Coast cousins. There was some color and gravity added to the lineup with a malty Belgian Dubbel and a worthy black IPA dubbed ‘Catch 23,’ a literary portmanteau and homage to the rye in its grain bill and hybrid style. The regulars at the bar come here for good reason, and Central Coast is easily worth a return visit.

**Firestone Walker Brewing Company (Paso Robles):** Firestone Walker is a

relatively macro microbrewery, with wide distribution and name recognition. Plenty of bars in the Bay Area have this brewery’s flagship Double Barrel Ale on tap, and for an understandable reason: it’s a good, award-winning pale ale from an equally good, award-winning brewer. Firestone specializes in West Coast-adapted variations of classic English pub styles, including an IPA, a porter, and two pale ales: nothing too exciting, but the quality is evident. A visit to the brewery is easy; it’s a big building just off the 101, and a perfect stop for those weary of the nearby wine country.

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## Take Shelter

### » FROM PAGE 4

misplaced concern that has prevented him from explaining himself: it might be fear and shame.

Without further discussion of plot, so as not to spoil anything, it’s difficult to get across how effective and tense the film is, or with Curtis’s attempt to keep his visions to himself, how the supporting characters are not marginalized: all of the performances are nuanced and realized. Chastain (who is in a number of high-profile films this year thanks to the nature of distribution and scheduling) is particularly brilliant as Samantha; the “wife and mother” role is a traditionally thankless one, with little character agency, but she’s crucial as a support and counterbalance to Curtis

and in keeping the film realistically and emotionally grounded.

The set-up might have gone off the rails under less assured hands, or with the involvement that comes with a bigger studio production – Shannon starred in Nichols’s 2007 debut, *Shotgun Stories*, and it’s clear that there was a singular vision here; the film is from Sony Pictures Classic, a smaller, more “independent” or art-house type studio and distributor. There are no shock tactics or extraneous story points in *Take Shelter*, every shot and edit feels purposeful (which should always be the case in movies but sadly rarely is) – there are a couple of quick moments that might seem incidental or scenic, but are subtly paid off later in the story. Beyond the merits given above, the film is fair to its characters and its premise, and is an engaging blend of realism and abstraction without being heady. It is sure to be among my top five of 2011.



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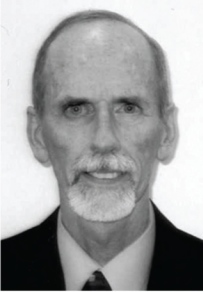
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